## Canterbury Champs Relay - Saturday 14th October

Planner: Joseph Lynch
Controller: Briana Steven
Coordinator: Val Fletcher

## Parking:

The road up to the lodge after the bridge is steep and only for 4WD cars, so please park according to the map and coordinates below:


A (red) Parking: Only for those staying at the STAC lodge overnight with 4WD cars B (blue) Parking: For those staying at the STAC lodge overnight with a 2WD car or one that will not make it up the road, 300 m walk to lodge C (pink) Parking: Everyone not staying at the STAC lodge, 500 m walk to lodge

Please respect these parking requirements, we don't want the lodge parking overfilled as this will disrupt the runners as they go from the start triangle to the first control. If you are arriving to the event after the 1 pm start please park at either B or C parking as there will be runners crossing the access road and running through the parking area. Likewise please do not drive out of the lodge until after course closure at 4 pm .

## Schedule:

| $12: 15 \mathrm{pm}$ | Registration open to pick up hired sport idents, write relay team number on <br> your hand |
| :--- | :--- |
| $12: 30 \mathrm{pm}$ | Relay Team Finding - please gather in the lodge to find your teammates and <br> meet each other/see what shirt you will be running in |
| $12: 45 \mathrm{pm}$ | Relay Briefing - important information and changeover demonstration |
| $1: 00 \mathrm{pm}$ | All Relay teams start |
| $2: 30 \mathrm{pm}-$ | Individual Starts available, no set start times (please note course closure 4 pm if |


| $3: 30 \mathrm{pm}$ | you start towards the end of the window) |
| :--- | :--- |
| $3: 00 \mathrm{pm}$ | $2 \mathrm{nd} / 3 \mathrm{rd}$ leg mass start for waiting runners |
| $4: 00 \mathrm{pm}$ | Course Closure for all runners, controls will be collected from this time onwards |

## Course Information:

- This is a relay event for forking on all red courses, so please check your control codes very carefully to avoid any mispunches.
- The forest area is also very small so you will see lots of other competitors while you are running, do not assume they are going to the same control as you!
- There will be a spectator control for every course to the north of the lodge, please use this to spot your in-coming runner and get yourself into the changeover zone.
- The forecast is for rain all day, so please feel free to hang out in the lodge before/after your race, we will try to set up the results and radio times screen inside. Please leave all wet gear at the door to keep the lodge clean.
- Because of the weather, you will grab your rolled map out of a bin before heading out to the changeover so don't unroll it until you have been tagged. Please leave the rubber band inside so we don't litter.


## Event Centre Diagram:



## Course Information:

| Long Red Male relay (100's) | 3 equal legs. <br> $\sim 2.5 \mathrm{~km}$ per leg |
| :--- | :--- |


| Long Red Female relay (200's) | 3 equal legs. <br> $\sim 2.2 \mathrm{~km}$ per leg |
| :--- | :--- |
| Short Red Female relay (300's) | 3 equal legs. <br> $\sim 1.9 \mathrm{~km}$ per leg |
| Short Red Female relay (400's) | 3 equal legs. <br> $\sim 1.6 \mathrm{~km}$ per leg |
| Mixed Short relay (500's) | $\sim 1.0 \mathrm{~km}$ per leg <br> (Mixed Gender) <br> 1st Leg - Orange Runner <br> 2nd Leg - WhiteRunner <br> 3rd Leg - Yellow Runner |

## Relay Teams:

Most important is the bib number, you will need to have this drawn on your hand before you start


| Red Short Men | Red Short Women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bib Team | Team Member | Leg | Bib | Team | Team Member | Leg |
| 302 3_COMP_1 | Nicholas Freeman | 1 | 404 | $\begin{aligned} & \text { 4_COMP_1 } \\ & \text { TK } \end{aligned}$ | Torun Joergensen | 1 |
|  | Scott Babington | 2 |  |  | Frances Wall | 2 |
|  |  | 3 |  |  | Carey Martin | 3 |
| 303 | Peter Cleary Jonathan Hunt David Wall | 1 | 401 | ${ }_{\text {4_PP }}$ | Anna Wright | 1 |
|  |  | 2 |  |  | Nicole Owen | 2 |
|  |  | 3 |  |  | Helen Wood | 3 |
| 301 3_PP_1 | Joshua Jones <br> Neil Egan william MacManus | 1 | 402 | ${ }_{\text {PPP }}^{\text {PPP_2 }}$ | Greta Prince | 1 |
| PP ${ }^{-}$ |  | 2 |  |  | Lisa Ainley | 2 |
|  |  | 3 |  |  | Christina Freeman | 3 |
| $\begin{aligned} & 3 \_ \text {PP_2 } \\ & \text { PP } \end{aligned}$ | Martin Freeman Anthony Wild | 1 | 403 | 4_PP_3 | Karin Prince | 1 |
|  |  | 2 |  | PP | Jan Harrison | 2 |
|  |  | 3 |  |  | Fiona Stechmann | 3 |



