

Course Results

| M10 (3) | | 1 km | 22 Controls | |
|-----------|-------------------|------|-------------|-------|
| Place | Name | Club | Time | Diff |
| 1 | Tor Prince | PP | 8:47 | |
| 2 | Mattias Bengtsson | WN | 14:01 | +5:14 |
| DNS | Ethan Harrison | MP | | |

| M12A (2) | | 1.4 km | 28 Controls | |
|------------|-----------------|--------|-------------|--------|
| Place | Name | Club | Time | Diff |
| 1 | William Thrower | PP | 12:01 | |
| 2 | Quinn Harris | NW | 26:32 | +14:31 |

| M14A (12) | | 2.3 km | 25 Controls | |
|-------------|------------------|--------|-------------|--------|
| Place | Name | Club | Time | Diff |
| 1 | Harry Borton | AK | 13:31 | |
| 2 | William Wood | CM | 15:38 | +2:07 |
| 3 | Ned O'Neill | PP | 16:41 | +3:10 |
| 4 | Oscar Burns | BP | 16:56 | +3:25 |
| 5 | Nicholas Freeman | PP | 17:00 | +3:29 |
| 6 | Fletcher Kopua | MB | 17:28 | +3:57 |
| 7 | Isaac Lam | CM | 18:46 | +5:15 |
| 8 | Torin Stephens | DN | 24:41 | +11:10 |
| MP | Jakob Abernethy | RK | | |
| MP | Hugh Bradley | MB | | |
| MP | Tahi Harris | NW | | |
| MP | Joshua Jones | PP | | |

| M16A (14) | | 3 km | 30 Controls | |
|-------------|-------------------|------|-------------|-------|
| Place | Name | Club | Time | Diff |
| 1 | James Wright | PP | 15:43 | |
| 2 | Jonathan Green | HV | 17:04 | +1:21 |
| 2 | Angus Kopua | MB | 17:04 | +1:21 |
| 4 | Sam Carryer | AK | 17:05 | +1:22 |
| 5 | Matthew Greenwood | AK | 17:15 | +1:32 |
| 6 | Jake McLellan | HV | 17:57 | +2:14 |
| 7 | David Wayne | PP | 22:02 | +6:19 |
| 8 | Leo O'Neill | PP | 22:03 | +6:20 |
| 9 | Finn Van keulen | PP | 22:07 | +6:24 |
| 10 | Louie Campion | PP | 23:59 | +8:16 |
| MP | Leo Croxford | NL | | |
| MP | Eddie Swain | NL | | |
| MP | Jack Vetcher | PP | | |
| DNS | Charlie Frater | AK | | |

| M18A (7) | | 3 km | 30 Controls | |
|------------|----------------|------|-------------|-------|
| Place | Name | Club | Time | Diff |
| 1 | Tyler McCavitt | PP | 15:04 | |
| 2 | Jacob Knoef | PP | 15:52 | +0:48 |
| 3 | Alan Teesdale | WN | 17:56 | +2:52 |

| | | | | |
|----|-----------------|----|-------|--------|
| 4 | Daniel Vickers | PP | 19:38 | +4:34 |
| 5 | Toby O'Neill | PP | 22:10 | +7:06 |
| 6 | Dan Hayman | DN | 28:26 | +13:22 |
| MP | Max Cunninghame | DN | | |

| | | | |
|-------------------|--|------|-------------|
| M20A (1) | | 3 km | 30 Controls |
|-------------------|--|------|-------------|

| Place | Name | Club | Time | Diff |
|-------|--------------|------|-------|------|
| 1 | Angus Steven | PP | 19:10 | |

| | | | |
|-----------------------|--|--------|-------------|
| M20/21E (43) | | 3.4 km | 34 Controls |
|-----------------------|--|--------|-------------|

| Place | Name | Club | Time | Diff |
|-------|-------------------|------|-------|-------|
| 1 | Joseph Lynch | PP | 12:57 | |
| 2 | Gene Beveridge | NW | 13:42 | +0:45 |
| 3 | Matt Ogden | NL | 14:02 | +1:05 |
| 4 | Ryan Moore | PP | 14:30 | +1:33 |
| 5 | Felix Hunt | PP | 15:34 | +2:37 |
| 6 | Daniel Monckton | NW | 15:47 | +2:50 |
| 6 | Fergus O'Neill | PP | 15:47 | +2:50 |
| 8 | Ed Cory-Wright | NC | 15:51 | +2:54 |
| 9 | Zefa Faavae | NL | 15:57 | +3:00 |
| 10 | Tane Cambridge | PP | 15:58 | +3:01 |
| 11 | Scott Smith | PP | 16:13 | +3:16 |
| 12 | Oliver Egan | PP | 16:21 | +3:24 |
| 13 | Simon Jager | AK | 16:41 | +3:44 |
| 14 | Nicholas Green | HV | 17:14 | +4:17 |
| 15 | Ollie Bixley | DN | 17:23 | +4:26 |
| 16 | Liam Stolberger | NW | 17:30 | +4:33 |
| 17 | Ayrton Shadbolt | PP | 17:39 | +4:42 |
| 18 | Jake Van Keulen | PP | 17:53 | +4:56 |
| 19 | Will Tidswell | HB | 17:58 | +5:01 |
| 20 | Kieran Woods | AK | 18:17 | +5:20 |
| 21 | Tim Wright | PP | 18:22 | +5:25 |
| 22 | Peter Hobbs | DG | 18:37 | +5:40 |
| 23 | Oliver Edwards | HV | 18:48 | +5:51 |
| 24 | Callum Wishart | AK | 18:56 | +5:59 |
| 25 | Greig Hamilton | PP | 19:06 | +6:09 |
| 26 | Thomas Stolberger | NW | 20:00 | +7:03 |
| 27 | Brent Edwards | NL | 20:04 | +7:07 |
| 28 | Jason Brown | AK | 20:10 | +7:13 |
| 29 | Riley Croxford | NL | 20:15 | +7:18 |
| 30 | Nathan Faavae | NL | 20:23 | +7:26 |
| 31 | Jamal Murray | NL | 21:13 | +8:16 |
| 32 | Aaron Prince | PP | 21:36 | +8:39 |
| MP | Nathan Borton | AK | | |
| MP | Stuart Engleback | WN | | |
| MP | Luke Geddes | DN | | |
| MP | Hamish Laing | WN | | |
| MP | Ronan Lee | HB | | |
| MP | Jonty Oram | AK | | |
| MP | Daniel Wood | CM | | |
| MP | Cameron de L'Isle | NW | | |

| | | | | |
|-----|-----------------------|----|-------|----|
| DNS | Isaac Egan | PP | | |
| 0 | Paul Teesdale-Spittle | WN | 29:31 | NC |
| MP | Owain John | | | NC |

| M21A (5) | | | | |
|-------------------|----------------|------|-------|-------------|
| | | | 3 km | 30 Controls |
| Place | Name | Club | Time | Diff |
| 1 | David Wright | PP | 18:14 | |
| 2 | Simon Teesdale | WN | 18:17 | +0:03 |
| 3 | Sam Middleton | WN | 18:21 | +0:07 |
| 4 | William Steel | CM | 23:21 | +5:07 |
| MP | Daniel Penney | NL | | |

| M35A (1) | | | | |
|-------------------|--------------|------|-------|-------------|
| | | | 3 km | 30 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Rob Matthews | PP | 16:18 | |

| M40A (3) | | | | |
|-------------------|------------------|------|-------|-------------|
| | | | 3 km | 30 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Jamie Stewart | HV | 14:45 | |
| 2 | Greg Flynn | BP | 15:30 | +0:45 |
| 3 | Magnus Bengtsson | WN | 17:46 | +3:01 |

| M45A (9) | | | | |
|-------------------|------------------|------|--------|-------------|
| | | | 2.4 km | 29 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Matt Scott | PP | 11:58 | |
| 2 | Paul Borton | AK | 14:31 | +2:33 |
| 3 | Carl Rathbone | DN | 15:14 | +3:16 |
| 4 | Neill McGowan | AK | 15:41 | +3:43 |
| 5 | Michael Croxford | NL | 17:05 | +5:07 |
| 6 | Gordon Thrower | PP | 19:14 | +7:16 |
| 7 | Jason Wu | AK | 33:26 | +21:28 |
| MP | Nick Harris | NW | | |
| DNS | Chad Harrison | FV | | |

| M50A (14) | | | | |
|--------------------|----------------------|------|--------|-------------|
| | | | 2.4 km | 29 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Bill Edwards | HV | 12:19 | |
| 2 | Alistair Cory-Wright | PP | 12:40 | +0:21 |
| 3 | Matt Bixley | PP | 14:21 | +2:02 |
| 4 | Neil Murray | NL | 15:19 | +3:00 |
| 5 | Bruce Steven | PP | 15:54 | +3:35 |
| 6 | Stephen Bradley | MB | 16:27 | +4:08 |
| 7 | Alan Moore | PP | 16:37 | +4:18 |
| 8 | Nic Gorman | PP | 17:26 | +5:07 |
| 9 | Steve O'Neill | PP | 18:29 | +6:10 |
| 10 | Fraser Stephens | DN | 19:04 | +6:45 |
| 11 | Garry Dean | AK | 20:03 | +7:44 |
| 12 | Tim Webb | DN | 20:15 | +7:56 |
| 13 | Ellis Lam | CM | 21:50 | +9:31 |
| MP | David Stewart | AK | | |

| M55A (19) | | | | |
|--------------------|-----------------|------|--------|-------------|
| | | | 2.3 km | 25 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Jeff Greenwood | AK | 13:10 | |
| 2 | John Robertson | HV | 13:12 | +0:02 |
| 3 | Nick Monckton | NW | 13:59 | +0:49 |
| 4 | Andrew Riddle | HV | 14:35 | +1:25 |
| 5 | Martin Freeman | PP | 14:37 | +1:27 |
| 6 | Dave Crofts | AK | 14:43 | +1:33 |
| 7 | Mark Frater | AK | 15:31 | +2:21 |
| 8 | Steve Oram | AK | 15:55 | +2:45 |
| 9 | Allan Janes | NW | 17:02 | +3:52 |
| 10 | Mondo Kopua | MB | 17:34 | +4:24 |
| 11 | Simon Hunt | AK | 18:04 | +4:54 |
| 12 | Jan Jager | NW | 19:11 | +6:01 |
| 13 | Neil Egan | PP | 19:30 | +6:20 |
| 14 | Julian Hayes | AK | 20:23 | +7:13 |
| MP | Guy Cory-Wright | AK | | |
| MP | Dwayne Smith | DN | | |
| DNS | Paul Salmon | AK | | |
| DNS | Peter Swanson | BP | | |
| DNS | Rob Wayne | PP | | |

| M60A (9) | | | | |
|-------------------|----------------|------|--------|-------------|
| | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Peter Cleary | PP | 12:29 | |
| 2 | Martin Crosby | AK | 12:53 | +0:24 |
| 3 | Bruce Peat | CM | 13:02 | +0:33 |
| 4 | Simon Rea | HV | 13:38 | +1:09 |
| 5 | Trevor Batin | PP | 14:33 | +2:04 |
| 6 | Pat van Berkel | HV | 15:50 | +3:21 |
| 7 | Brent Hill | TK | 18:17 | +5:48 |
| 8 | David Shadbolt | PP | 18:47 | +6:18 |
| DNF | Paul Dalton | WR | | |

| M65A (11) | | | | |
|--------------------|------------------|------|--------|-------------|
| | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Malcolm Ingham | RK | 12:37 | |
| 2 | Don Paterson | TK | 13:06 | +0:29 |
| 3 | Dave Armstrong | PAPO | 14:03 | +1:26 |
| 4 | Dick Dinsdale | WN | 14:08 | +1:31 |
| 5 | Geoff Mead | NW | 14:32 | +1:55 |
| 6 | William MacManus | PP | 16:51 | +4:14 |
| 7 | Andrew McGowan | PP | 17:11 | +4:34 |
| 8 | Myles Thayer | DN | 17:38 | +5:01 |
| 9 | Graeme Read | PP | 18:37 | +6:00 |
| 10 | Norm Jager | AK | 19:21 | +6:44 |
| DNS | Dupl | PP | | |

| M70A (7) | | | | |
|-------------------|--------------|------|--------|-------------|
| | | | 1.8 km | 23 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Michael Wood | HV | 11:32 | |

| | | | | |
|---|---------------------|----|-------|-------|
| 2 | Neil Kane | WN | 12:03 | +0:31 |
| 3 | Rob Garden | NW | 13:06 | +1:34 |
| 4 | Nick Collins | TK | 13:15 | +1:43 |
| 5 | John Parsons | AK | 15:17 | +3:45 |
| 6 | David Pugh-Williams | PP | 18:36 | +7:04 |
| 7 | Alex Bridger | HV | 19:44 | +8:12 |

| | | | | |
|-------------------|-------------|------|---------------|--------------------|
| M75A (4) | | | 1.8 km | 23 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Dave Laurie | PP | 15:10 | |
| MP | Clive Bolt | AK | | |
| MP | David Wall | PP | | |
| DSQ | David Scott | AK | | |

| | | | | |
|------------------|--------------|------|---------------|--------------------|
| MSR (1) | | | 1.8 km | 29 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Steve Hobson | MB | 30:39 | |

| | | | | |
|--------------------|------------------|------|-------------|--------------------|
| MW10N (7) | | | 1 km | 22 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Caleb Jones | PP | 9:58 | |
| 2 | Jeremy Freeman | PP | 14:21 | +4:23 |
| 3 | Evelina Flynn | BP | 17:30 | +7:32 |
| 4 | Freddie Flynn | BP | 19:13 | +9:15 |
| 5 | Cormac Hamilton | PP | 20:27 | +10:29 |
| 6 | Eleanor Rathbone | DN | 27:53 | +17:55 |
| DNS | Sara Harrison | MP | | |

| | | | | |
|-----------------|-----------------|------|---------------|--------------------|
| OE (4) | | | 1.4 km | 28 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Barnaby O'Neill | PP | 16:54 | |
| 2 | Keith Bond | TK | 28:16 | +11:22 |
| 3 | Ida Rathbone | DN | 35:26 | +18:32 |
| 4 | Torin Rathbone | DN | 1:01:30 | +44:36 |

| | | | | |
|------------------|------------------|------|-------------|--------------------|
| OVE (2) | | | 1 km | 22 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Gabrielle Salmon | AK | 17:51 | |
| MP | Cailtyn Thrower | PP | | |

| | | | | |
|------------------|---------------|------|-------------|--------------------|
| W10 (2) | | | 1 km | 22 Controls |
| Place | Name | Club | Time | Diff |
| MP | Ebba Hamilton | PP | | |
| MP | Mae Stewart | HV | | |

| | | | | |
|-------------------|---------------|------|---------------|--------------------|
| W12A (2) | | | 1.4 km | 28 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Elena Burns | BP | 17:49 | |
| 2 | Lyra Stephens | DN | 21:56 | +4:07 |

| | | | | |
|-------------------|--|--|---------------|--------------------|
| W14A (5) | | | 2.1 km | 24 Controls |
|-------------------|--|--|---------------|--------------------|

| Place | Name | Club | Time | Diff |
|-------|------------------|------|-------|-------|
| 1 | Zara Toes | AK | 11:58 | |
| 2 | Greta Prince | PP | 13:25 | +1:27 |
| 3 | Torun Joergensen | PP | 15:02 | +3:04 |
| 4 | Ami McGowan | AK | 15:46 | +3:48 |
| 5 | Anna Wright | PP | 16:14 | +4:16 |

| W16A (17) | | 2.3 km | 25 Controls | |
|--------------------|-------------------|--------|-------------|--------|
| Place | Name | Club | Time | Diff |
| 1 | Anna Babington | PP | 11:36 | |
| 2 | Kate Borton | AK | 11:59 | +0:23 |
| 3 | Phoebe Hunt | PP | 14:38 | +3:02 |
| 4 | Lani Murray | NL | 15:11 | +3:35 |
| 5 | Katelin Toes | AK | 15:15 | +3:39 |
| 6 | Charlotte Wood | CM | 15:35 | +3:59 |
| 7 | Karin Prince | PP | 16:47 | +5:11 |
| 8 | Morag McLellan | HV | 16:58 | +5:22 |
| 9 | Alicia Wu | AK | 17:36 | +6:00 |
| 10 | Grace Cory-Wright | AK | 19:03 | +7:27 |
| 11 | Alicia McGivern | CM | 56:08 | +44:32 |
| MP | Mia Abernethy | RK | | |
| MP | Larissa Edwards | HV | | |
| MP | Tide Fa'avae | NL | | |
| MP | Juliet Freeman | PP | | |
| MP | Kyla Moore | PP | | |
| MP | Alison Power | WN | | |

| W18A (3) | | 2.3 km | 25 Controls | |
|-------------------|----------------|--------|-------------|-------|
| Place | Name | Club | Time | Diff |
| 1 | Sam Bixley | DN | 15:33 | |
| 2 | Sofia Skinner | AK | 15:52 | +0:19 |
| 3 | Rosie Monckton | NW | 17:28 | +1:55 |

| W20A (1) | | 2.3 km | 25 Controls | |
|-------------------|-----------------|--------|-------------|------|
| Place | Name | Club | Time | Diff |
| DNS | Sophie Hartshaw | PP | | |

| W20/21E (21) | | 3 km | 30 Controls | |
|-----------------------|---------------------|------|-------------|-------|
| Place | Name | Club | Time | Diff |
| 1 | Lizzie Ingham | TK | 13:47 | |
| 2 | Penelope Salmon | AK | 14:21 | +0:34 |
| 3 | Imogene Scott | AK | 14:35 | +0:48 |
| 4 | Amber Riddle | DN | 15:26 | +1:39 |
| 4 | Zara Stewart | AK | 15:26 | +1:39 |
| 6 | Kaia Joergensen | PP | 15:35 | +1:48 |
| 7 | Katherine Babington | PP | 16:13 | +2:26 |
| 8 | Amelia Horne | RK | 16:39 | +2:52 |
| 9 | Emily Hayes | AK | 16:55 | +3:08 |
| 10 | Heidi Stolberger | NW | 17:05 | +3:18 |
| 11 | Anya Murray | NL | 17:11 | +3:24 |
| 12 | Tessa Ramsden | RK | 17:16 | +3:29 |

| | | | | |
|-----|------------------|----|-------|--------|
| 12 | Molly McGowan | AK | 17:16 | +3:29 |
| 14 | Lara Scott | PP | 18:14 | +4:27 |
| 15 | Anna Cory-Wright | AK | 19:05 | +5:18 |
| 16 | Juliet Frater | AK | 19:10 | +5:23 |
| 17 | Sofia Toes | AK | 31:17 | +17:30 |
| MP | Sara Prince | PP | | |
| MP | Jessica Sewell | PP | | |
| DNS | Sylvie Frater | AK | | |
| DNS | dupl | AK | | |

| | | | | |
|-------------------|---------------|------|---------------|--------------------|
| W21A (1) | | | 2.3 km | 25 Controls |
| Place | Name | Club | Time | Diff |
| MP | Zoe Karantzas | AK | | |

| | | | | |
|--------------------|------------|------|---------------|--------------------|
| W21AS (1) | | | 1.8 km | 23 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Kelly Main | AK | 34:11 | |

| | | | | |
|-------------------|-----------------|------|---------------|--------------------|
| W35A (5) | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Claire Flynn | BP | 12:51 | |
| 2 | Megan Carter | NL | 15:26 | +2:35 |
| 3 | Eloise Matthews | PP | 17:19 | +4:28 |
| 4 | Katie Smithson | PP | 18:13 | +5:22 |
| 5 | Maegan Mclsaac | NL | 29:42 | +16:51 |

| | | | | |
|-------------------|-----------------|------|---------------|--------------------|
| W40A (7) | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Rachel Smith | BP | 12:15 | |
| 2 | Marta Scott | PP | 17:08 | +4:53 |
| 3 | Lisa Bengtsson | WN | 18:15 | +6:00 |
| 4 | Jasmine Zhang | AK | 19:20 | +7:05 |
| 5 | Diana Worthy | NL | 19:22 | +7:07 |
| 6 | Sarah Underwood | WN | 27:04 | +14:49 |
| 7 | Sarah Baird | DN | 27:46 | +15:31 |

| | | | | |
|-------------------|-------------------|------|---------------|--------------------|
| W45A (8) | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Sarah Wright | PP | 12:41 | |
| 2 | Sally Lattimore | | 13:30 | +0:49 |
| 3 | Christina Freeman | PP | 13:57 | +1:16 |
| 4 | Jodie Faavae | NL | 14:19 | +1:38 |
| 5 | Louise Borton | AK | 15:26 | +2:45 |
| 6 | Jane Orbell | NL | 16:49 | +4:08 |
| 7 | Kate Stephens | DN | 20:24 | +7:43 |
| MP | Ocean Mercier | HV | | |

| | | | | |
|--------------------|--------------|------|---------------|--------------------|
| W50A (16) | | | 2.1 km | 24 Controls |
| Place | Name | Club | Time | Diff |
| 1 | Carey Martin | TK | 14:25 | |
| 2 | Iona Powell | PP | 14:42 | +0:17 |

| | | | | |
|-----|--------------------|----|-------|--------|
| 3 | Genevieve Webb | DN | 14:57 | +0:32 |
| 4 | Jean Cory-Wright | PP | 15:16 | +0:51 |
| 5 | Ann Bixley | DN | 15:58 | +1:33 |
| 6 | Sarah Stewart | AK | 16:03 | +1:38 |
| 7 | Fleur Murray | NL | 16:04 | +1:39 |
| 8 | Lisa Kane | MB | 16:12 | +1:47 |
| 9 | Kathryn Chrystal | AK | 19:23 | +4:58 |
| 10 | Ceridwen Jones | MB | 19:27 | +5:02 |
| 11 | Marquita Gelderman | NW | 22:50 | +8:25 |
| 12 | Lisa Chubb | PP | 28:34 | +14:09 |
| MP | Susan Edwards | HV | | |
| MP | Jo Wood | CM | | |
| DNS | Rachael Donovan | AK | | |
| DNS | Bronwyn Rosie | AK | | |

| W55A (10) | | | 1.8 km | 23 Controls |
|--------------------|---------------------|------|---------------|--------------------|
| Place | Name | Club | Time | Diff |
| 1 | Lyn Stanton | AK | 11:05 | |
| 2 | Anna Robertson | HV | 11:56 | +0:51 |
| 3 | Catrina Forbes | MB | 12:48 | +1:43 |
| 4 | Monique Dean | AK | 13:07 | +2:02 |
| 5 | Adrienne Shadbolt | PP | 13:43 | +2:38 |
| 6 | Mary Wadsworth | AK | 14:05 | +3:00 |
| 7 | Suzanne Stolberger | NW | 14:15 | +3:10 |
| 8 | Annemarie Hogenbirk | NW | 15:35 | +4:30 |
| 9 | Karen Woods | AK | 17:50 | +6:45 |
| 10 | Ingrid Perols | HB | 22:46 | +11:41 |

| W60A (8) | | | 1.8 km | 23 Controls |
|-------------------|-------------------|------|---------------|--------------------|
| Place | Name | Club | Time | Diff |
| 1 | Phillippa Poole | NW | 11:45 | |
| 2 | Elizabeth Parsons | AK | 12:36 | +0:51 |
| 3 | Stella Bond | TK | 13:07 | +1:22 |
| 4 | Lisa Mead | NW | 13:40 | +1:55 |
| 5 | Anna Varnham | WN | 14:52 | +3:07 |
| 6 | Vivien Bloor | PP | 16:29 | +4:44 |
| MP | Maggi Salmon | NL | | |
| DNS | Helen Wood | PP | | |

| W65A (7) | | | 1.8 km | 23 Controls |
|-------------------|-----------------|------|---------------|--------------------|
| Place | Name | Club | Time | Diff |
| 1 | Gillian Ingham | WN | 10:51 | |
| 2 | Jacqui Sinclair | TK | 13:19 | +2:28 |
| 3 | Viv Prince | PP | 15:31 | +4:40 |
| 4 | Carol Ramsden | RK | 16:29 | +5:38 |
| 5 | Helen Thayer | DN | 19:30 | +8:39 |
| 6 | Beverley Holder | WN | 21:24 | +10:33 |
| 7 | Lynne John | PP | 24:16 | +13:25 |

| W70A (4) | | | 1.6 km | 19 Controls |
|-------------------|------|------|---------------|--------------------|
| Place | Name | Club | Time | Diff |

| | | | | |
|---|-----------------|----|-------|--------|
| 1 | Kathrin Mueller | PP | 14:09 | |
| 2 | Frances Wall | PP | 17:00 | +2:51 |
| 3 | Dorothy Kane | WN | 26:44 | +12:35 |
| 4 | Helen Bolt | AK | 42:53 | +28:44 |

| | | | | |
|-------------------|-----------------|--------|-------------|-------|
| W75A (3) | | 1.6 km | 19 Controls | |
| Place | Name | Club | Time | Diff |
| 1 | Lorri O'Brien | NW | 16:15 | |
| 2 | Barbara Bridger | HV | 22:59 | +6:44 |
| DNS | Trish Faulkner | PP | | |

| | | | | |
|------------------|--------------|--------|-------------|-------|
| WSR (2) | | 1.8 km | 29 Controls | |
| Place | Name | Club | Time | Diff |
| 1 | Susy Carryer | AK | 18:20 | |
| 2 | Mary Ho | CM | 24:14 | +5:54 |

Abbreviations:

MP = mispunch, DNF = did not finish, DNS = did not start.

DSQ = disqualified, NC = non-competitive (usually 2nd course).