

Contour Lines

November 2011



Mountain bikes taking a rest in Australia at the MTBO
Oceania Championships
photo courtesy Josie Boland

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PAPO Events Calendar

latest revision November 2011

Day	Date	Map / Location	Event	Planner	Controller	CO
November 2011						
Sat	26	Kairaki	South Island / Canterbury Champs	Jean Cory-Wright	Al Cory-Wright	
Sun	27	Acheron	South Island / Canterbury Champs	Carsten	Jan Harrison	
Mon	28	PAPO Strategic Planning Workshop #4				
December 2011						
Sun	11	Rangoria	Christmas Event	The Jenkins		
January 2012						
Sun	8	McLeans Island	ANZ MTBO Warm-up	Sally Dickson & Deb Bain	Dave Laurie	
Sat	7	Bottle Lake	ANZ MTBO Warm-up	Gordon Smith	Greg Bristow	
Tues	10	Roxburgh	ANZ MTBO Sprint	Conal BB	Jim Cotter	
Wed	11	Alex	ANZ MTBO Middle Distance	Joe Sherriff	Alister Metherell	
Fri	13	Wanaka Area (TBC)	ANZ MTBO Long Distance	Graeme Read / Clare Heppenstall		
Sat	14	Snow Farm	ANZ MTBO Relay	Viv Prince / Dave Armstrong	Pete Swanson	



helpers needed for events

Vivien on Volunteers

The Canterbury and South Island Champs are 26th/27th November. Calling all club members competing at Kairaki and Acheron.

If you are competing please offer to help at these events (have a choice of job before we allocate them!).

Needed

KAIRAKI (Sat. 26th Nov) - set up/start/finish/pack up/control collecting.

ACHERON (Sun. 27th Nov) - Chief organiser, caravan tower, set up/start/finish/control collecting.

Let me know your preference ASAP.

Many thanks,
Vivien
(vivien.bloor@gmail.com)

Pub Charity™




Peninsula and Plains Orienteers thank Pub Charity for the very generous grant of \$5,000 to support the sixteen junior members who are going to attend the National Junior Training Camp in Hawkes Bay during December. The committee, juniors and their families are very appreciative of this support.



Coming Events

2011 Orienteering Christmas Caper

- Date:** Sunday 11 December 2011
- Location:** Rangiora; Ashgrove Park; street parking - Kingsbury Ave
- Planner:** Bryan Jenkins
- Courses:** Choose one of 3 courses - Short/Medium/Long*
 Short course - visit any 7 controls (approx 4kms)
 Medium course - visit any 13 controls (approx 6 kms)
 Long course - visit any 25 controls (approx 10 kms)
- +  Christmas String Course
- Start time:** Mass Start 11.00am, event briefing 10.45am Registration from 10.00am. Course closure 1.00pm.
- Sportident:** No
- Event information:** Bring a picnic lunch; stay for presentation of OY trophies, Canterbury Champs trophies and 'the David Faulkner Award for Volunteer Contribution'.

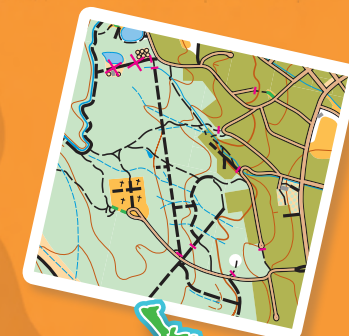
*for those who would like to relive last year's event a half marathon could be arranged!!!

OTAGO MTBO CARNIVAL

7TH - 14TH JAN 2012



Canterbury's Orienteering Club PAPO in conjunction with DOC presents the 2012 Australia - New Zealand Mountain Bike Orienteering Challenge to be held in the historic Central Otago area of the South Island of New Zealand.



The dates and venues are:

- | | | |
|----------|-----------------|-----------------|
| Jan 7th | McLean's Island | Warm up Event |
| Jan 8th | Bottle Lake | Warm up Event |
| Jan 10th | Roxburgh | Sprint Distance |
| Jan 11th | Alexandra | Long Distance |
| Jan 12th | Rest Day | |
| Jan 13th | Wanaka | Middle Distance |
| Jan 14th | Snow Farm | Relay |



This event will be taking place in some of the most stunning areas of New Zealand.

For more information go to www.otagomtbo2012.co.nz.

The event will be run under the NZ foot-o rules and the AUS/NZL MTBO Challenge Rules. An embargo is in place for Challenge competitors for the above areas. See details. SI-stick for control punching must be attached to the bike.



From the archives

I thought that since the South Island Orienteering Champs are coming up next weekend we might all need a bit of last minute advice to help get us through and I found this article from June 2007. I hope Tane doesn't mind...!



Tane's Tip for Big Races

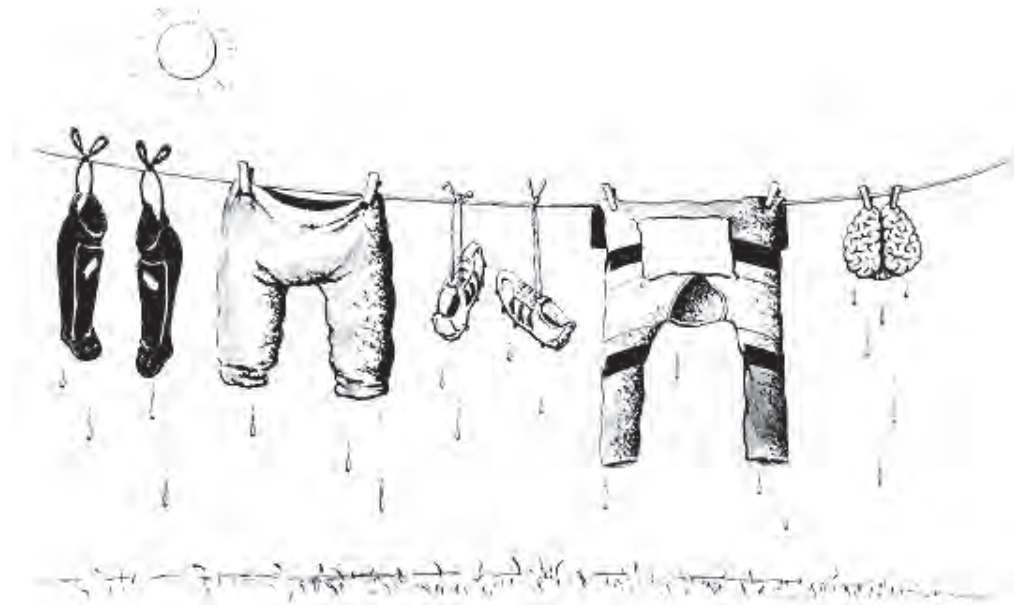
Tane Cambridge



I had a problem for a while where I would freak out in big races and I would tell myself I couldn't Orienteer, or I wasn't good enough etc...

So to combat it I took to planning. So a week out I would look up my start time and then some time beforehand I would write down a plan listing every thing that I was going to do that day and at what time; what time I would get up, how long before the event I would start getting ready, what I would eat and drink for breakfast... Right up until race start time. Then I would plan out the race. Which is hard for orienteering. My orienteering is all built on confidence, so if I start slow and build through my race the race will look after itself. I would list things that could go wrong and which of these things I could and could not control and for the ones I could control how I would control them.

This process has helped me relax beforehand and get into my "optimal state of arousal" which I think on the day contributes to at least 50% of your performance. I also think you need to keep developing this kind of process, changing little things here and there to get it to fit yourself for the "now" ...as you are only as good as your last race...



Is published in "Orienteering World" №4/91
The author: Yuriy MANAEV (RUS)

MTBO in Australia, Oceania & the NSW Champs

By Josie Boland

MTBO has to be the ultimate sport, orienteering and mountain biking combined. Then you add the ultimate holiday - two weeks in Australia (hardly a drop of rain while Christchurch was enjoying some rather wet days with fairly major floods), on a packaged tour that you didn't have to organise and had everything you ever wanted in a holiday.

We, a small band of keen MTBOers, were met at Tullamarine by Rob Garden & Marquita, a fleet of cars, a big truck to take the 30 bikes and a well selected group of friends (some new, some have been doing this trip for a few years now). We headed North to find lunch and a resort to stay in, rather nice I must add.

The weeks were spent training, quite good when you have Marquita along to set courses and give instruction, coffee stops, shopping to cook (dinner parties every night in someone's cottage) and sampling Ozzie wine - even that's a competition for some, who can find the cheapest while still drinkable. And at the weekends we had racing. Great maps (Middle Distance on

Relay starting at vineyard, note can't ride across rows so need to count which one to ride down



Bridges over deep gullies were helpful

old gold tailings, a historic town map for the Sprint, a winery social relay and a rural town/forest for the Long), great fun and some good results for the New Zealanders.

The second week was more of the same, but the accommodation got even better with 3 nights at Lake Crakenback Resort and we got to climb Mt Kozieosko, the first of the 7 highest peaks for some). The training was still good with some longer rides added, like Dead Horse Flat to Cascade Hut and back out. The NSW champs were rather laid-back, but great maps and courses still, this time in Mountain Devils Club's pine forests.

If that all sounds fun (and it really was) why not start in January? - 2 warm-up events in Christchurch followed by 4 more events in Central Otago.

PAPO MTBOers were Viv Prince, Claire Heppenstall, Pat Bodger, Graeme Read, Dave & Callum Armstrong, Alister Metherell, Greg Bristow and Josie Boland.



PAPO's Finalist in the Sir Richard Hadlee Sport Canterbury Awards 2011

Chris Forne was one of only three finalists from a large number of nominees for the Sportsman of the Year Award, presented at the above function on 4 November. (The winner was one by the name of Richie McCaw!). The following description of Chris's achievements resulted in his being chosen as a finalist.

Representative honours

Member of NZ Orienteering Team for World Orienteering Championships, 17-19 August 2011, France.
World Rogaine Championship, 20-21 November 2010, North Canterbury
NZ representative in World Ski Orienteering Championships, 23-27 March 2011, Sweden.

Awards Received

WOC: Middle Distance Final 29th place
Long Distance Final 28th place
World Rogaine Champ: 1st place (with team-mate Marcel Hagener)
World Ski-O: Long Distance 43rd
Middle Distance 46th

NZ Orienteering Federation Silva Award: Rogainer of the Year.
Norwegian Endurance Race: Meraker Extreme Challenge (170 km mountain run), July 9, 2011 - winner (and broke race record).

Other Achievements

The sport of Rogaine has vastly increased in international popularity and the 1st placing was achieved by a large margin in an international field including pre-race favourites Estonia.
Chris won the Meraker Extreme Challenge in Norway in 27 hours of non-stop mountain running, beating the previous record by 11 hours!
His team's 2nd place in the World Adventure Race in Spain in October 2010 unfortunately missed the cut for last year's awards and falls outside the dates for this year's.
Chris has consistently reached the finals in WOC, a major achievement for anyone from the Southern Hemisphere.
He is a member of Peninsula and Plains Orienteers, which makes him eligible for selection by NZOF to represent NZ.

The versatility of this endurance, multi-sport and map-sport athlete is illustrated by his re-gaining of his title in the World Rogaine Championship, his world-ranking for Orienteering (69th, best NZ male ever), his commendable performance in Ski-O, and his outstanding performance in the Norwegian mountain race which also required navigation skills.



PAPO Members In World Adventure Racing Champs

Chris Forne and Aaron Prince (Both PAPO members at some point!) have both recently competed in the World Adventure Racing Championships in Tasmania at the beginning of November. There were 90 teams from 23 countries

Chris was in Team Seagate which also included well known Kiwi adventure racer & orienteer Nathan Faavae, Sophie Hart and adventure racer/rogainer Marcel Hagener. Aaron was in Team Silva running under the Swedish colours.

Aaron's Team Silva finished second (so received a "silver" medal) and Chris's Team Seagate, having led the race for all but the last stage were third, an agonising four minutes behind after nearly six days of racing. What a fantastic effort. Well done guys.

Unfortunately Seagate had to serve a four hour penalty at the penultimate CP because

Team Seagate: (from left) Chris Forne, Marcell Hagener, Sophie Hart and Nathan Faavae
Photo from arwc2011.com



Team Silva with Aaron Prince leading the way up front - Photo by Andreas Strand
(www.andreasstrand.se)

Nathan accidentally left their tracking device behind on a stage on the very first day. To add to their woes Chris broke the derailleur on his bike on the first night bike ride and so had to ride hundreds of kilometres on a single speed !!

Only about 50% of the teams will ultimately finish, the later ones of which will have taken ten days in comparison the Chris and Aaron's six.

(By the way for those who don't know Chris, and who is featured in the top right photo of the PAPO web page, is New Zealand's most successful orienteer. Watch out for him at upcoming club events.)

Craigmore OY Planner's Report

Alister Metherell
Craigmore Course Planner

The Craigmore OY was very nearly cancelled due to not having any planner or controller only 2 ½ weeks out from the scheduled weekend. However it is ill wind that blows nobody any good. I had intended to go to the MTBO event at Naseby on the last weekend in October, but it was unfortunately cancelled due to significant windfalls causing a hazard in the forest. Thus I decided that my trip south could instead be to Craigmore to plan the OY and rescue the Show Weekend double header with DOC's event on the Humpy Bumpy map near Dunroon. Al Cory-Wright offered to control the event by checking the maps and courses at home and verifying control placements on the day prior to the event. Some hasty arrangements were put in place for a course planning trip two days later.

I was familiar with the map having run there a number of times from the first use of the map in the Moro South Island 7 day Orienteering Festival in 1989 through to the National Relays in 2002. The last event on the Craigmore map was a South Island Challenge event in 2005 for which Chris Forne had made many improvements to the mapping of the eastern slopes.

Normally I like to plan all the courses on the computer before venturing into the field, but lack of time and uncertainty as to which parts of the map would be available meant that I headed south without many set plans. I was keen to maximise the use of the dolines (sinkholes), as many younger or more recent orienteers would not have had any experience of this unusual terrain. I arrived at Craigmore on Saturday morning to find that quite a few fences and tracks had been built in the last 6 years which would need to be mapped for the white, yellow and orange courses. By dusk I had most map

corrections noted and about half of the courses planned. On Sunday morning a few hours were spent sitting in the car with my laptop out, updating the OCad map and plotting courses in Condes. While the white course basically followed fencelines, I placed many of the controls on the edge of or in small sinkholes to create variety in control sites and hopefully a little fun for the kids. I took the yellow and orange courses into the gorge to create some variety in the terrain and because it is a very attractive landscape. (I didn't hear too many complaints about the climb back out.) On the red courses I aimed to create maximum contrast between the fast, open doline landscape and the technical detailed rocky areas in the gorge and the eastern escarpment. For efficiency in course setting and control placement I deliberately had quite a lot of common legs on the 3 red courses. For the short red course I tried to minimise the climb, but still wanted to include some technical controls on the eastern escarpment. By late afternoon the courses and control sites were confirmed and by Monday night the maps and courses were updated in Ocad and Condes and drafts sent to Al for checking.

The next question was, with an event 2 ½ hours from Christchurch and being run in conjunction with Dunedin Orienteering Club's event the following day, who would come and how many maps should we print of each course? I decided that some sort of survey was going to be required, so I created a Google Docs form for PAPO and DOC members to register their intentions and from which a SportIdent database could be created. This worked fairly well although some responses were received after map numbers had been given to the printer. Fortunately we had printed extra maps for each course. In all we sold 107 maps with some people doing a second course.

The holiday on Show Day allowed Al and I to place and check the controls on Friday. I was relieved that all of the cattle had been moved from the paddocks being used for the orienteering courses as I had been informed that the cows with calves at foot could be easily upset. Unfortunately near end of the day I dropped a SportIdent box in long grass, and it was unable to be spotted by me or the volunteers who combed the area on Saturday afternoon. We were glad that we could use the shearers quarters accommodation so that we could stay on the map and have a fairly leisurely start on Saturday morning.

There was a large sinkhole adjacent to the caravan and start area and I thought that we could have a bit of fun by creating an SSSS (Sinkhole-String-Sprint-SportIdent) event with the course criss-crossing the sinkhole. I had plenty of helpers to design the course and layout the tapes to be followed. The merits of around the contour versus down and up route choices on some of the legs were hotly debated. We ended up with 10 controls and the sinkhole looking like a giant spider's web. Practising on the course was allowed with Alistair Richardson and Ed Cory-Wright in particular trying to perfect their technique. Racing in earnest took place in the early afternoon and provided quite

a spectacle with most participants giving their maximum effort.

It was very pleasing to receive a lot of positive feedback on the courses and thanks for the event in general. A few of the controls on the red courses on the eastern escarpment caused some competitors to lose a lot of time. It seemed that the change of pace from the fast open to the slower, rougher, more vegetated part of the map caused quite a few people to misjudge the distance covered with the result that they started to search for the control too soon. (The planner considers that a successful result.)

On Sunday most of us enjoyed being hosted by the Dunedin club at Humpty Dumpty where we were treated to another variation of limestone terrain.

Thank you to Al for his help in controlling the event and to Vivienne and all those who helped on the day. Special thanks to the land owners and managers, Craigmore Farming Company, Dan and Ali Chaffey, for the use of their farm and shearers quarters, and to neighbouring farmer Trevor Nicholls on whose property the long red course encroached.



RESULTS

OY5ish - Craigmore 12 November 2011

Long Red Male (11) 8.3 km 315 m 29 C

1	Tane	Cambridge	PP	57:03
2	Carsten	Joergensen	PP	1:09:35
3	Alistair	Richardson	PP	1:17:41
4	Ryan	Cambridge	DN	1:24:11
5	Andrew	Johnstone	PP	1:32:59
6	Pat	Bodger	PP	1:37:33
7	Bruce	Steven	PP	1:38:21
8	Tim	Wright	PP	1:44:27
9	Ryan	Batin	PP	1:49:32
	Trevor	Batin	PP	mp
	Tim	Webb	DN	mp

Long Red Female (1) 8.3 km 315 m 29 C

1	Georgia	Whitla	PP	1:35:57
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Medium Red Male (18) 5.8 km 220 m 20 C

1	Keve	Knowles	DN	1:00:55
2	William	Richardson	PP	1:11:52
3	Bruce	Meder	PP	1:13:42
4	Martin	Etherington	PP	1:16:13
5	Greg	Bristow	PP	1:17:24
6	Graeme	Read	PP	1:17:38
7	Owen	Cambridge	DN	1:24:11
8	Mike	Harding	PP	1:26:53
9	Richard	English	PP	1:28:06
10	Dion	Kennedy	DN	1:31:18
11	Stuart	Payne	PP	1:32:51
12	q	Jenkins	PP	1:37:09
13	David	Wall	PP	1:40:40
14	Pete	Douglas	PP	1:44:00
15	Lockie	Campbell	PP	2:15:40
	Allan	Grant	DN	mp
	William	MacManus	PP	mp
	Robert	Whitla	PP	mp



DOC OY - Duntroon

13 November 2011



Medium Red Female (9) 5.8 km 220 m 20 C

1	Jenni Adams	PP	1:08:03
2	Jean Cory-Wright	PP	1:08:39
3	Jan Harrison	PP	1:14:00
4	Julia Fettes	PP	1:16:43
5	Rebecca Batin	PP	1:22:43
6	Jenni Blyleven	PP	1:27:20
7	Sarah Wright	PP	1:32:20
8	Genevieve Webb	DN	1:48:31
9	Kathrin Mueller	PP	1:58:59

Short Red Male (10) 3.7 km 145 m 13 C

1	Ed Cory-Wright	PP	28:30:00
2	Joshua Campbell	PP	39:53:00
3	Myles Thayer	DN	48:51:00
4	Andrew Lumsden		1:01:46
5	John Davies	PP	1:03:33
6	George Richardson	PP	1:04:12
7	John Calder	PP	1:04:48
8	Gordon Smith	PP	1:05:53
9	Graham Garden	PP	1:30:24
10	Keith Unsworth	PP	2:06:53

Short Red Female (16) 3.7 km 145 m 13 C

1	Sophie Harrison	PP	44:43:00
2	Val Rogers	PP	47:54:00
3	Trish Faulkner	PP	50:12:00
4	Debbie Byers		57:31:00
5	Jane Forsyth	DN	57:33:00
6	Heather Pugh-Williams	PP	1:03:10
7	Josie Boland	PP	1:03:44
8	Vivien Bloor	PP	1:05:47
9	Bunny Rathbone	DN	1:07:41
10	Ann Scott	DN	1:09:38
11	Annie Grant	DN	1:15:37
12	Jane Cloete	DN	1:21:02
13	Sue Unsworth	PP	1:22:47
14	Frances Wall	PP	1:54:39
15	Jocelyn Douglas	PP	1:54:57
	Heather Batin	PP	mp

Orange Male (10) 3.3 km 190 m 12 C

1	Cameron Metherell	PP	32:42:00
2	Nick Smith	PP	35:34:00
3	Liam Cosgrove	PP	38:18:00
4	Richard Smith	PP	41:49:00
5	Nigel Wilson	PP	46:07:00
6	Oliver Egan	PP	54:59:00
7	Neil Egan	PP	57:51:00
8	Angus Hunt	PP	59:30:00
9	John Pearce	PP	1:01:59
10	Dougal Shepherd	PP	1:04:27

Orange Female (6) 3.3 km 190 m 12 C

1	Sue Cooke	PP	51:18:00
2	Serena Pearce	PP	55:36:00
3	Emily Grant		58:27:00
4	Isabel Clarke	PP	1:04:02
5	Robyn Davies	PP	1:31:32
	Kerri Batin	PP	mp

Yellow Male (7) 2.6 km 115 m 11 C

1	Nick Smith	PP	19:29
2	Stephen Harding	PP	22:53
3	Felix Harrison	PP	28:53:00
4	Isaac Egan	PP	30:15:00
5	Robbie Shepherd	PP	36:36:00
6	Angus Clarke	PP	37:37:00
7	Madison Wilson	PP	51:02:00

Yellow Female (10) 2.6 km 115 m 11 C

1	Kate Cory-Wright	PP	25:10:00
2	Isabel Clarke	PP	25:30:00
3	Glenda Ryan	PP	26:34:00
4	Maddy Guy	PP	34:11:00
5	Briana Steven	PP	36:23:00
6	Janet Harding	PP	39:25:00
7	Zoe Hunt	PP	39:46:00
8	Katharine Webb	PP	1:38:58

Ruth Guy	PP	mp
Wikke Nijhof	PP	mp

White Male (7) 2.1 km 80 m 14 C

1	Dougal Shepherd	PP	16:04
2	Tom Harding	PP	18:24
3	M & A Wilson	PP	32:28:00
4	Angus Steven	PP	39:36:00
5	James Wright	PP	39:42:00
6	George & Kevin Moginie		54:55:00
7	TJ Harrex	DN	1:11:57

White Female (2) 2.1 km 80 m 14 C

1	Kaia Joergensen	PP	29:31:00
2	Ollie Moginie		43:20:00



Craigmore Sinkhole String Sprint

1	Richardson, Alistair	1:19
2	Cambridge, Tane	1:20
2	Campbell, Joshua	1:20
4	Cambridge, Ryan	1:27
5	Richardson, William	1:32
6	Cory-Wright, Ed	1:36
6	Cory-Wright, Al	1:36
8	Smith, Nick	1:39
9	Meder, Bruce	1:47
10	Metherell, Cameron	1:49
11	Whitla, Georgia	1:52
12	Metherell, Alistair	1:53
13	Harding, Stephen	1:54
14	Harrison, Sophie	1:57
15	Egan, Oliver	1:58
15	Clarke, Isabel	1:58
17	Egan, Isaac	2:02
18	Shepherd, Dougal	2:13
19	Anderson, Matthew	2:16
20	Cory-Wright, Jean	2:19
20	Fettes, Julia	2:19
22	Read, Graeme	2:20
23	English, Richard	2:24
24	Harrison, Jan	2:32
25	Clarke, Angus	2:49
26	Wilson, M & A & M	5:38

White

1	Egan, Isaac	10:33	PP
2	Shepherd, Dougal	11:21	PP
3	Shepherd, Rupert	21:59	PP
4	Joergensen, Kaia	28:01	PP
5	Wium, Frances	30:16	
6	Steven, Angus	32:55	PP
7	Mariott, Alex, Riley, C	34:29	DOC
8	Harrex, TJ	1:03:36	
	Wright, James	mp	PP
	Wium, Emily	mp	

Yellow

1	Shepherd, Robbie	23:58	PP
2	Egan, Oliver	24:45	PP
3	Shepherd, Dougal	25:31	PP
4	Wood, Helen	31:44	PP
5	Egan, Isaac	31:48	PP
6	Nijhof, Wim	32:36	
7	Hunt, Zoe	37:43	PP
8	Steven, Briana	41:25	PP
9	Nijhof, Sjoerd	50:01	
10	Foote & Thomas, Lynn & G	1:01:00	DOC
11	Nijhof, Wikke	1:15:52	
12	Webb, Katharine	1:56:19	
	Harrison, Felix	mp	PP

Red short

1	Cambridge, Riki	38:21	DOC
2	Kennedy, Dion	52:09	DOC
3	Metherell, Cameron	55:22	PP
4	Harrison, Sophie	57:31	PP
5	Boland, Josie	1:00:21	PP
6	Rathbone, Bunny	1:06:05	DOC
7	Byers, Debbie	1:06:24	
8	Scott, Ann	1:06:52	SD
9	Thayer, Myles	1:07:21	DOC
10	Campbell, Annette	1:09:42	PP
11	Forsyth, Jane	1:13:03	DOC
12	Wall, David	1:14:28	PP
13	Grant, Allan	1:15:00	DOC
14	McIntosh, Pat	1:15:29	PP
15	Douglas, Pete	1:21:53	PP
16	Grant, Annie	1:22:17	DOC
17	Cooke, Sue	1:22:56	PP
18	Cloete, Jane	1:25:47	DOC
19	Wall, Frances	1:28:13	PP
20	Davies, John	1:28:43	PP
21	Unsworth, Sue	1:32:19	PP
22	Hudson, Jennifer	1:46:00	DOC
23	Hudson, Grant	1:46:26	DOC
24	Garden, Graham	1:57:12	PP
	Douglas, Jocelyn	mp	PP
	Unsworth, Keith	mp	PP
	Craw, Gavin	mp	DOC

Orange

1	Smith, Nick	40:39	PP
2	Smith, Richard	49:14	PP
3	Egan, Oliver	54:21	PP
4	Hunt, Angus	55:29	PP
5	Guy, Ruth & Maddie	58:14	
6	Ryan, Glenda	59:45	
7	Grant, Emily	1:00:08	
8	Pearce, Serena & Sophia	1:09:09	PP
9	Egan, Neil	1:10:01	PP
10	Davies, Robyn	1:20:45	PP
11	Shepherd, Robbie	1:21:17	PP

Red long

1	Cambridge, Tane	34:52	PP
2	Joergensen, Carsten	38:10	PP
3	Richardson, Alistair	42:10	PP
4	Cambridge, Ryan	42:42	DOC
5	Cory-Wright, Alistair	44:46	PP
6	Wright, Tim	48:31	PP
7	Cory-Wright, Ed	50:48	PP
8	Campbell, Joshua	52:39	PP
9	Johnstone, Andrew	53:38	PP
10	Campbell, Eugene	56:41	PP
11	Meder, Bruce	57:13	PP
12	Wright, Sarah	58:33	PP
13	Whitla, Georgia	58:41	PP
14	Richardson, William	58:54	PP
15	Adams, Jenni	59:35	PP
16	Steven, Bruce	1:01:04	PP
17	Metherell, Alister	1:01:36	PP
18	Knowles, Kev	1:03:45	DOC
19	Fettes, Julia	1:07:10	PP
20	Harrison, Jan	1:08:24	PP
21	Campbell, Lockie	1:14:15	PP
22	Anderson, Paul	1:15:15	
23	Rogers, Val	1:16:05	PP
24	Etherington, Martin	1:17:59	PP
25	Bloor, Vivien	1:19:41	PP
26	Whitla, Robert	1:22:44	PP
27	Bristow, Greg	1:23:10	PP
28	Webb, Genevieve	1:24:43	DOC
29	Richardson, George	1:25:00	PP
30	Webb, Tim	1:25:09	DOC
31	Mueller, Kathrin	1:26:15	PP
32	MacManus, William	1:30:21	PP
33	Faulkner, Trish	1:31:31	PP
34	Cambridge, Owen	1:44:26	DOC
35	Read, Graeme	1:49:53	PP
36	Calder, John	2:00:02	PP
	English, Richard	mp	PP

8	36	→	▲	1.5m	○
9	46		▲	1.5m	○
10	47		▯▯▯	3m	○



Useful Websites and club contact

see also inside front cover

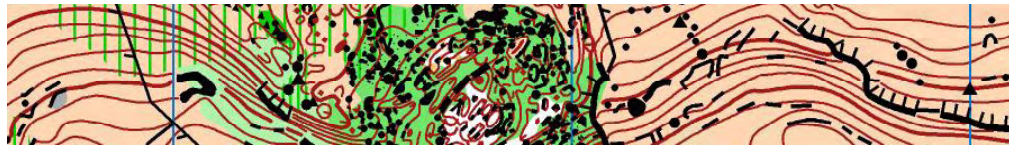
PAPO mailing address

PO Box 824, Christchurch

PAPO
 PAPO enquiries
 NZ Orienteering Federation
 NZOF Mountain Bike Orienteering
 NZOF Ski Orienteering
 NZOF Rogaining
 Attackpoint
 MAPTALK

www.papo.org.nz
 info@papo.org.nz
 www.nzorienteering.com
 www.mapsport.co.nz/mtbo/mtbo.html
 www.mapsport.co.nz/skio/skio.html
 www.mapsport.co.nz/rog/rogaine.html
 www.attackpoint.org
 www.maptalk.co.nz

Links to other orienteering clubs can be found on the NZOF website.



Newsletter Information

If you have an orienteering story, picture, news items or a good idea, I would love to hear from you! The PAPO newsletter is produced under guidelines of the PAPO Committee. The editor may shorten, lengthen or embellish contributions, all in a respectful way, of course!

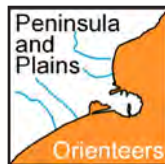
Deadlines: Generally the beginning of the month.
 Contributions should be sent by email where possible as we never open the mail!

DEADLINE FOR DECEMBER ISSUE: 12 December 2011

Ads: Cost \$50 per half page per month or \$400 per half page per year. Non-orienteering or related ads may not be accepted.

Accuracy of information: Please check latest event information as details may vary from print time to event time. The best sources for updates are the PAPO and Maptalk websites (details above) and the regular email bulletins sent out by the club.

Editor's Contact Details:
 Katie Bolt
 katie@katiebolt.com
 021 044 7173



General Information

WHISTLES EVERYONE please note that carrying a whistle while running a course is recommended.

Cancellations - Events are usually only cancelled in the event of extreme conditions such as heavy snow, flooding, dangerous river conditions etc., which are more likely to affect mountain areas. Should an event be cancelled, **NewstalkZB 1098 AM** will be notified. Cancellations are repeated half-hourly from 6 am, then hourly from 9 am.

Start times - vary and are published in the event notices. For most club events registration is from 10am, the first start is 10:30am and the last start is 1:00pm. Course closure is 2.30pm so late starters only have 90 minutes for their run.

Finishing and Course Closure - Please remember to always come to the finish area, whether you finished your course or not and hand in your control card or punch the finish box, so that we can account for everyone who started. Course closure is the time at which you **MUST** have returned to the finish area even if you have not yet completed your course. It is at this time that the organisers may start taking in controls (and looking for you if you have not returned).

Helpers - All members are asked to be helpers during the year. The Volunteer Co-ordinator will contact you by email or by phone and the Chief Organiser will contact you shortly afterwards to make arrangements. Please contact them when you arrive at the event. Helpers who set up/pack up/work on registration may opt for a free run on the day or receive VIP points.

Control collection - Please offer to collect controls at the end of the event and receive VIP points.

Dogs - No dogs on Farmland please!

Permanent Courses: Three are available, with options to suit a wide range of abilities, including beginners/children and experienced orienteers. **Victoria Park:** maps (\$3.50) and full instructions are available at the Christchurch City Council Beckenham Service Centre, 66 Colombo St. (Open normal business hours; ph: 332-3099) and at the Port Hills Visitor Centre, Victoria Park. Groups planning to use the Course should let the Ranger know beforehand by phoning 332-9889. **Spencer Park:** maps and instructions are available at the Spencer Park Camp Shop, \$3 each. **Hokitika:** a park and street map outside CHCH but under PAPO's care. Starting in Cass Square Hokitika. Maps are available (FREE!) from the Hokitika Visitor Information Centre (I-site) or Westland District Council. You will need a pencil to write down the codes on the control.

Library - The club has a collection of orienteering books etc. available for members to borrow. General introduction to orienteering, plus training, coaching, course setting, fitness, and rogaining are covered by the 16 or so titles on the list. Some are older 10-20 year-old "classics", but we have recently added some new publications. **In addition, look on the website** **Web Page Links** **'the Little Book of Orienteering Techniques'**. If you have any suggestions for new acquisitions, or would like to borrow from the library, contact Trish (who also usually brings the books to events) ph: 384-3445 or e-mail faulknert@actrix.co.nz

Further information about the Permanent Courses and about other orienteering opportunities may be obtained from the Membership Secretary, Trish Faulkner, Peninsula and Plains Orienteers, ph: 384-3445, info@papo.org.nz.

Event Fees 2011			Membership Fees	
Fee is per map. Groups need only one map. Prices may be reduced at promotional events. Pre-entry events will cost more.			The membership year runs from Feb 2011 - Jan 2012. It includes an emailed newsletter & NZOF affiliation. For full details and definition of membership, see the membership form online or contact the Membership Officer.	
	Members	Non-Members		
Senior	\$12	\$20	Senior	\$55
Junior or f/t student	\$6	\$10	Junior	\$25
Family maximum	\$28	\$50	Family	\$130
White course	\$6	\$6	School	\$55

Uniforms – Pictures online in colour at www.papo.org.nz.

Discounted prices for all sizes are	\$37.50	Top	Children's sizes are 130, 140, 150, 160cm Adults sizes are small, medium and large. Please phone Heather 385 7639 to place an order.
	\$30.00	Pants	
	\$67.50	O-suit	



SENDER:

PAPO

PO Box 824

Christchurch

