



# CANTERBURY ORIENTEERING CHAMPIONSHIPS

**22 – 23 March 2014**

**Saturday 22 March– Middle Distance- Tūhaitara - Woodend Beach**  
**Saturday 22 March –Sprints – Rangiora High School**  
**Sunday 23 March– Long Distance – Flock Hill**

## **Entries close midnight Friday 7 March**

Competitors must be affiliated to NZOF (be a member of a club) or an equivalent overseas body. If you do not belong to a club you may enter but must pay an extra participation fee.

## **Day 1 –Saturday 22 March– “Tūhaitara” - Woodend Beach**

### **Middle Distance.**

**Terrain:** Intricate sand dunes with pine forest and open coastal dunes with Marram grass and lupin. Map previously used for 2013 Nationals and Canterbury Championships .

**Mapped by:** Carsten Joergensen

**Planner:** Jean Cory-Wright

**Controller:** Linley Earnshaw

**Starts:** Expected to be from 10:30am but if entry numbers require will be from 10:00am.

## **Saturday 22 March– Rangiora High School**

### **Sprints**

**Terrain:** Flat school grounds with buildings plus some farmland.

**Mapped by:** Connor Cleary

**Location:** Corner Wales St. & East Belt, Rangiora, 15 minutes from Middle distance event.

**Planner:** Connor Cleary

**Controller:** Chris Forne

**Starts:** 4:30pm or later depending on entry numbers.

## **Day 2 – Sunday 23 March– Long Distance**

### **“Flock Hill”**

**Terrain:** Flock Hill rises from a small stream (that disappears underground at the southern end of the map) to a flat-ish open area and then becomes steep, open grassland. The main characteristic of this map are the intricate rock and cliff formations. The north-eastern side of the hill falls away very steeply to the next valley and has much rougher grass with rocky ground.

**Mapped by:** Updates by P. Cleary (13), A. Johnstone (09), and J. Stewart (06).

**Location:** On SH73, approx. 90km (75minutes) from the western edge of Christchurch.

**Planner:** Georgia Whitla

**Controller:** Bruce Steven

**Starts:** From 10:30 am

Age qualifications for grades			
Junior	born in or after:	Senior	born in or before:
M/W10	2004	M/W21	open
M/W12	2002	M/W40	1974
M/W14	2000	M/W50	1964
M/W16	1998	M/W60	1954
M/W18	1996	M/W70	1944
M/W20	1994		

### Course and Grade Combinations for Middle and Long Events

The morning event of Day One will be Middle Distance and Day Two Long Distance format, with the grade combinations and level of difficulty in accordance with the NZOF guidelines. Course lengths will be based on expected winning times below. Relative course lengths are indicative only.

#### **NB: White course entrants who need to be shadowed should enter M/W10N.**

They will not be allocated a start time, but will be able to start after M/W10 entrants and after the person shadowing has completed his or her own course. The start officials will have a list of those who have entered these grades.

Course	Difficulty	Expected Winning Time (minutes)		Relative Length (km)		Men's Grades	Women's Grades
		Middle	Long	Middle	Long		
1	Red	30	90	4.5	11	M21E	
2	Red	30	70	4	8	M20A, M21A	W21E
3	Red	30	60	3.5	7	M18A, M40A	
4	Red	30	45	3	4.5	M50A, M21AS, M16A	W18A, W20A, W21A W40A
5	Red	30	45	2	3	M60A, M40AS	W50A, W21AS, W16A,
6	Red	25	45	2	3	M70A	W60A, W40AS, W70A
7	Orange	25	45	2.5	3.5	M21B, M14A, M18B	
8	Orange	25	40	2.5	3	M40B	W21B, W40B, W14A, W18B
9	Yellow	20 (medium)	35 (medium)	2.5	2.5-4.0	M12A, M14B, M21C	W12A, W14B, W21C
10	White	20 (medium)	35 (medium)	1.5	1.5-2.5	M10, M12B, M10N	W10, W12B, W10N

## Course and Grade Combinations for the Sprints

Course	Difficulty	Expected Winning Time (minutes)	Men's Grades	Women's Grades
1	Orange/red	12 – 15	M21, M20, M40, M18	W21, W20
2	Orange/red	12 – 15	M50, M16	W50, W40, W18
3	Orange/red	12 – 15	M60, M70, M80 M14	W60, W70, W80, W16, W14
4	Yellow	12	M12	W12
5	White	12	M10, M10N	W10, W10N

**SportIdent:** Will be used on all courses. SI-cards can be hired at \$3 per event for the competition.

Entry fees	Middle	Sprint	Long
Adult	\$25	\$15	\$25
Junior	\$15	\$10	\$15
<b>Family max. for all events: \$170</b>			

<b>Non-member surcharge per day</b>	
Adult	\$10
Junior	\$5
Family Max	\$25

To run officially competitors need to pre-enter. Those who are not members of an orienteering club need to pay the above non-members surcharge per person for each event entered in addition to the entry fee.

Non-members may like to take this opportunity to join the club to become eligible for the members fees without the surcharge.

Enquiries to Mary Mackintosh Phone 03 327 8457 Email [entriesatpapo.org.nz](mailto:entriesatpapo.org.nz)

Entries close: **Midnight Friday, 7 March** If the entry is received after this date the entry will be deemed late.

**Late entries** for the official competition will be accepted up to **Midnight Friday 14 March** on payment of an additional **25% per event** above the standard entry fee.

### Wayfarers

Wayfarers (members and non-members) may enter on the day and can only run on the Short Orange, Yellow and White courses (courses 8, 9 and 10).

Wayfarers run unofficially, their results will not be published.

Wayfarer fees,	Middle & Long	Sprint
Adult	\$25	\$15
Junior	\$15	\$10
Family max	\$65	\$40

Wayfarers must register on the day at registration before 11:30am (5pm for the sprints). Start times for Wayfarers will be at the discretion of the controller on the day and will follow all pre-entries for the course entered. If you intend to run as a wayfarer please email: [entries@papo.org.nz](mailto:entries@papo.org.nz) preferably by Saturday 15 March, so that we can plan to have a map available for you.

**To enter officially:**

1. Enter using the **Online Entry Form** .available on [oentry.papo.org.nz](http://oentry.papo.org.nz)
2. You will receive an email confirming your entry and giving you a reference number and instructions for payment of the fees on line.
3. If you are unable to enter this way, please email [entries@papo.org.nz](mailto:entries@papo.org.nz) with your name and all details required for entry, e.g. day, age, grade etc. or phone Mary on 03 327 8457 or 021 210 9835.