## Orienteer of the Year (OY) competition

The Orienteer of the Year Competition is a competition among members of our club. At the end of the year trophies are awarded to the various grades in the competition. There are 12 grades: 6 Men's and 6 Women's with eligibility shown below.

| Red Long | MRL \& WRL | Open |
| :--- | :--- | :--- |
| Red Medium | MRM \& WRM | Open |
| Red Short | MRS \& WRS | Open |
| Orange | MO \& WO | Open |
| Yellow | MY \& WY | Open |
| White | M10U \& W10U | 10 or younger during current year |

There are seven OY events each year. At each event there will be six courses. To get maximum points in the OY competition you should run the same course at each of the seven events. The courses are:

| Course | Competing Grades | Technical Difficulty | Physical Difficulty | Climb <br> (\%) | Winning Time (minutes) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 - Red Long | $\begin{aligned} & \text { W } \\ & \mathrm{M} \end{aligned}$ | Hard | Hard | 5 | 60 |
| 2 - Red Medium | $\begin{aligned} & \text { W } \\ & \mathrm{M} \end{aligned}$ | Hard | Hard | 5 | 50 |
| 3 - Red Short | $\begin{aligned} & \mathrm{W} \\ & \mathrm{M} \end{aligned}$ | Hard | Medium | 3 | 45 |
| 4 - Orange | $\begin{aligned} & \mathrm{MO} \\ & \mathrm{WO} \end{aligned}$ | Medium | Medium | 3 | 40 |
| 5 - Yellow | $\begin{aligned} & \text { MY } \\ & \text { WY } \end{aligned}$ | Easy | Easy | 3 | 40 (Median time) |
| 6 - White | M10U <br> W10U | Very easy | Very easy | 2 | 25 (Median time) |

## Competition Rules

1. There will be Men's and Women's OY competitions for Long Red, Medium Red, Short Red, Orange, Yellow and White grades.
2. The White OY competition has an age restriction: Competitors are eligible to enter the White OY competition up to the end of the calendar year in which they reach 10 years age. E.g. for 2009, born in or after 1999.
3. To be eligible for an OY competition, the competitor must be a currently financial PAPO member and must have competed in at least 3 OY events in that grade during the season.
4. The winning time for each grade at each event is based on the fastest competitor in the grade, who is eligible for the particular OY competition AT THE END OF THE SEASON.
5. All points are provisional until the OY statistician has determined the eligibility for each OY competition of all competitors after the last event of the year.
6. For each event the winner of each OY grade receives 25 points.
7. All other competitors in the grade receive $25 \times$ (winning time/competitors time) points.
8. Your best 5 scores from the seven events count towards your final placing.
9. The grade you run in at your first OY event for the year will be designated your OY grade for that year. Points will be allocated in only one grade. If you then run in a different grade at an OY you will only get 10 points. (But see below, re. changing grades.)
10. If you wish to change grade during the year, you must first consult the OY Statistician. In which case, 10 points for each event entered in the previous grade are then reallocated to your score in the new grade.
11. There is a minimum of 10 points awarded for attempting a course, so even if you don't finish your course or make a mistake, you will receive 10 points.
12. Planners and controllers of OY's get 25 points in their grade for that event; but can only get points for one OY in any year in this way.
13. If a course is invalidated all competitors on that course get 15 points (as do the Planner and/or Controller if they are in that grade).
14. If you have to abandon your course to assist another competitor who has suffered an injury or developed a medical problem whilst competing, then you will be granted the average of your 2 best results from throughout the competition, excluding points gained as a Planner or Controller.
15. Your PAPO membership number will be used by the OY statistician, so please write this on your registration form at events.
