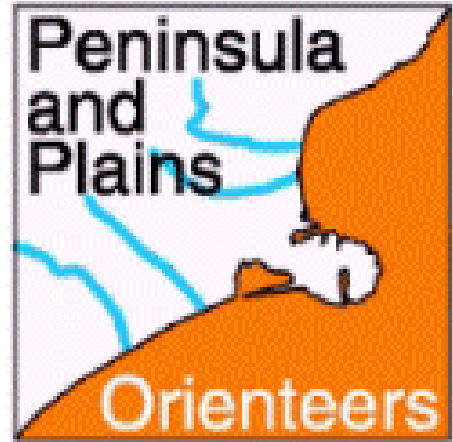




Start Clock Instructions



1. Turn on the clock with the right hand switch.
2. Stop the clock when the red second hand reaches 60 as shown in the picture.
3. Adjust the time (hour and minute hands) using the Green dial to one minute ahead of the current time.
4. When this time is reached (9:54 in the picture), start the clock with the right hand switch. The clock is now running correctly according to the time source used when setting the time.
5. Select the Beep Interval using the dial. Options are 0.5, 1, 2, 3, 4 or 5 minutes.
6. Turn the Beep On with the left hand switch.
7. Calculate when you want the beep to start according to the first start time and the start interval. (eg. for a 3 minute interval and a 10:30am first start, the clock must be started at 9:57, 10:00 or 10:03 etc.).
8. Wait until it is less than 1 minute before the calculated time. Press the red Synchronise Beep button down and release it when the second hand reaches 60.
9. Wait for the beep according to the preset interval. The clock is now ready to be used.

