



## Programme Day 5

### Ara morning urban sprint / Spencer Park evening forest sprint

#### Ara City Campus Sprint

**Date:** Saturday 16 January 2021

**Map:** Ara - City Campus

**Planner:** Jean Cory-Wright

**Controller:** Al Cory-Wright

**Overall series event contact:** Alan Moore

**Scale:** 1:2,500 (all courses)

**Contour interval:** No contours.

**Map description:** Very runnable, completely flat, urban terrain comprising paved areas, grass, gardens, low walls, passageways and buildings. One public road runs through the area (minimal traffic). A short, fast paced event that will give you constant changes of direction and route choice.

**Location & travel directions:** The parking and event centre is in the campus carpark at **4 Coventry Street**, Christchurch. Note that the map is bounded by one-way roads on the west, north and east sides. Everyone (including those walking and cycling to the event) must approach the campus from the junction of Barbadoes Street and Ferry Road (the northeast corner of the area). Please do not use Madras St on the west side of the area, nor the section of Moorhouse Ave along the south side.

- *From the West and North:* Use Tuam St (or any street north of this) to get to Barbadoes St.
- *From the East and Southeast:* Use Ferry Road (or any street north of this) to get to Barbadoes St.
- *From the South and Southwest:* Use Manchester St (or any street west of this) to get to Tuam St. Turn east along Tuam Street to get to Barbadoes St.

From the Barbadoes St/Ferry Road junction, travel 60m down Barbadoes Street (get in the right-hand lane early), and turn right into Coventry St. The carpark is obvious. **NOTE:** there may be runners crossing Coventry Street as you approach the carpark entrance. Please be alert and drive slowly. On departure, use the same entrance. If you leave before course closure (12.45pm), you must turn right out of the carpark and head to Barbadoes Street. Do not turn left and drive through the map.

**Location GPS co-ordinates:** -43.538352,172.645371

**Parking:** Self-parking. Please observe taped-off and coned areas.

**Event arena:** The event centre is in the carpark. The southern end of the carpark is the competition area and is out of bounds unless you are on your course. It will be marked by tape. Do not cross this, or venture further south down Barbadoes St past this line.

**Registration:** East side of the carpark. Registration from 10am, is only required for competitors picking-up sportident cards for hire.

**Start area:** West side of the carpark.

**Start times:** There are no allocated start times for this event, competitors will start using a punch start between 10:30am and 12:00pm.



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There will be a *start ticket* system operating. In the pre-start area there will be rip-off start times available for each course. Participants choose the start time they prefer from those available, rip it off and then present it to the start helper when that time shows on the start clock visible in the pre-start area.

**Course closure:** 12:45pm

**Course notes:** The campus area is small and most courses will cover the whole area more than once. Some courses will have a map exchange and/or a map flip as detailed below. You will see many controls, so check control codes carefully. Maps are printed on A4 paper. Plastic bags will be provided for you to bag your own map.

- Red Long - map exchange, then map flip
- Red Medium - map flip
- Red Short - map flip
- Orange - map flip

For those with a map flip or exchange, the last control of the map you are finishing will be the first control shown on your next map. The control number will be printed on both maps beside the circle as normal.

For the Red Long map exchange, please throw your first map on the ground and pick up your second map from the box beside the control. The new map will have the course on both sides. The first part of your course will be facing upwards. **DON'T FORGET to punch!**

**Toilets:** Portaloos will be located in the event centre.

**Dogs:** Sorry no dogs on campus.

**Hazards:** Please read the Hazards posted at the event centre. Be wary of other people (runners and the public) on blind corners. Ara Institute grounds are open to the public so there will be other users such as walkers and cyclists on site. There is a construction site on the campus. This is fenced off on the ground, and marked with purple cross-hatch on the map. Do not enter.

### Ara Sprint

Grade	Course length	Number of controls
White	1.2 km	22
Yellow	1.3 km	23
Orange	2.0 km	25
Red Short	1.7 km	16
Red Medium	2.2 km	22
Red Long	2.7 km	27

**Apres-O:** Food and refreshments will be available from 11am at Little High Eatery. Located 100m from the northwest corner of the map, this food space has pizza, sushi, noodles, burgers and ales



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and more. [www.littlehigh.co.nz](http://www.littlehigh.co.nz). If you are walking there (recommended) prior to course closure at 12.45pm, please don't walk through the map.

### Spencer Park Evening Sprint

**Date:** Saturday 16 January 2021

**Map:** Spencerville Sprint Map

**Planner:** Carsten Jørgensen






**Controller:** Jenni Adams

**Overall series event contact:** Alan Moore

**Scale:** 1:4000 (all courses) ISSOM 2019

**Contour interval:** 2.5m

**Map description:** This event is a "forest sprint". The area used for the courses is predominantly fast, open pine forest with sand-dune features. Nearer the coast there are some areas of reduced visibility with lower branches. There are numerous tracks in the area. See the legend below indicating the convention which has been used for mapping the mountain bike, foot and less distinct tracks.

-  Road (with traffic)
-  Compacted Track (mainly MTB and Boardwalk)
-  Forest Gravel Road
-  Forest Walking Track (can be sandy)
-  Indistinct Track

**Location & travel directions:** The event centre is in the south east corner of the Spencerville domain. The Spencerville domain is adjacent to the Spencerville camp ground on Heyders Road. Heyders road is accessed from Lower Styx Road.

If coming from the south travel along Marshlands Road and turn right onto Lower Styx Road and continue until reaching Heyders Road.

If coming from the north travel along Marshlands Road and turn left onto Spencerville Road and travel to the end of Spencerville road until it reaches a T junction with Lower Styx road, turn right onto Lower Styx road and then left onto Heyders road.

Signposting will begin at the junction of Lower Styx road and Heyders road.

**Location GPS co-ordinates:** -43.431278, 172.708122

**Parking:** In the Spencerville domain as directed.

**Event area:** The event centre is in the Spencerville domain.

**Registration:** Registration is in the pagoda adjacent to the event caravan in the event centre. Registration from 4:15pm, registration is only required for competitors picking-up sportident cards for hire.



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**Start arena:** 500m along tracks, sign-posted from event centre.

**Start times:**

Chasing start with start time based on Ara morning sprint results.

White: Add your Ara course time to 4:40pm

Yellow: Add your Ara course time to 4:40pm

Orange: Add your Ara course time to 5:00pm

Short Red: Add your Ara course time to 5:20pm

Medium Red: Add your Ara course time to 5:00pm

Long Red: Add your Ara course time to 4:40pm

Call up to start will be 10 minutes before your start time. Competitors will queue in starting order, with separate queues for each course, and start when their start time shows on the start clock.

Competitors who do not want to, or are unable to, start at the time determined by their ARA morning event time can start with a punching start between 4:40pm and 4:50pm or between 5:45pm and 6:15pm. Competitors who did not take part, or did not receive a time (eg through dnf or mp) in the morning Ara event should also start with a punching start in these intervals.

**Course closure: 7:00pm** Participants should start at a time which will allow them sufficient time to finish their course by 7:00pm. If you have not finished by 7:00pm you must abandon your course and proceed directly to the finish.

**Course notes:** Maps are printed on A4 paper and for the chasing start will be in a plastic bag. For other starts, a plastic bag will be provided for optional use.

**Toilets:** Public toilets are located in the Spencerville domain. There will be two port-a-loos at the start.

**Dogs:** Dogs are permitted in the domain area.

**Hazards:** Please read the Hazards posted-up for each event. The event terrain is fast forest but there is a large number of pine cones which are an ankle-turning hazard especially, when running at “sprint” speed. There are some small areas of black berry and gorse, and low branches especially in the coastal area of the map. Spencer Park is open to the public so check for other users in the area such as walkers and cyclists. In particular when crossing tracks be aware that mountain bikers could be travelling at speed on the tracks and will not be expecting people to be crossing the track.

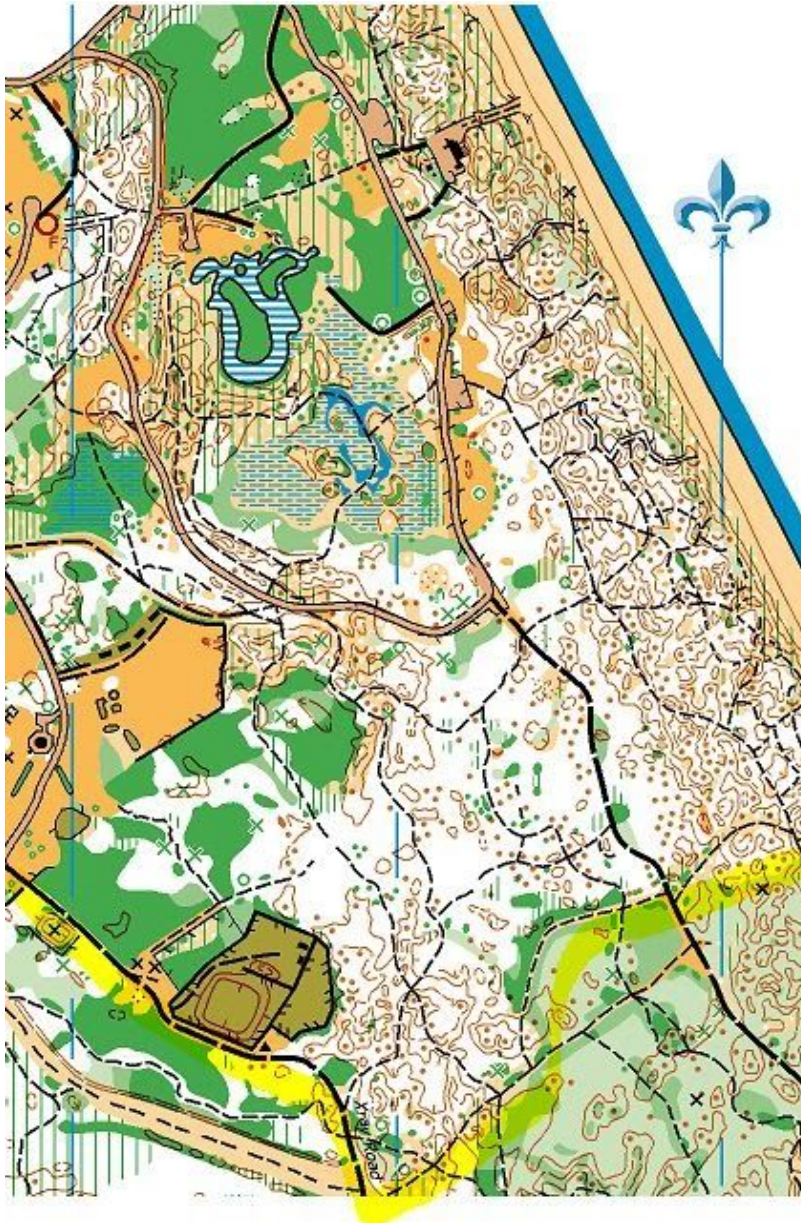
**Forest Evacuation:** In the event that the forest needs to be evacuated in case of fire or other natural disaster, people will pass through the competition area sounding continuous car or air horns. If you hear this signal you should proceed directly back to the event centre and report your return. If you are not able to reach the event centre you should send a text message to the controller on 021 642516. This number is on the map. If at any time you smell smoke in the forest you should return immediately to the event centre and report this.

Grade	Course length	Number of controls
White	1.8 km	17
Yellow	1.5 km	14

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Orange	1.9 km	17
Red Short	1.9 km	15
Red Medium	2.4 km	19
Red Long	2.8 km	24

### Map extent and safety bearing:



The area covered by the sprint map is shown in the adjacent extract from the current Spencer Park 1:10000 scale map. Given the evening timing of the event we would like all participants to take note of the map boundaries, and for parents to discuss these boundaries with their children. No courses cross the tracks indicated with the highlighted line in the south of the map. To the south of these tracks the forest is generally lower visibility, younger trees, in contrast to the mature and open forest that the sprint courses pass through. If you find yourself in rough, low visibility forest then you have probably done a 180 and you should head north to get back onto the map! The safety bearing is north which should bring you to the coast or onto the loop road, from where relocation should be possible to allow you to find your way to the event centre in the domain in the north west corner of the map.