

| Pl | Name | Time | | | |
|--------------------|-----------------------------|---------|----------------|------------|-------------|
| Long (32) | | | 18.3 km | 0 m | 16 C |
| 1 | Conal Boland-Bristow | 49:48 | | | |
| 2 | Rhys John | 50:21 | | | |
| 3 | Michael Smithson | 51:17 | | | |
| 4 | Tane Cambridge | 55:32 | | | |
| 5 | Neil Scarlett | 1:06:25 | | | |
| 6 | Graeme Read | 1:06:33 | | | |
| 7 | Joe Sheriff | 1:07:19 | | | |
| 8 | Greg Bristow | 1:08:25 | | | |
| 9 | Alister Metherell | 1:08:51 | | | |
| 10 | Katie Bolt | 1:08:56 | | | |
| 11 | Mike Marra | 1:09:24 | | | |
| 12 | Mike Blyleven | 1:11:56 | | | |
| 13 | Rachel Simons | 1:14:13 | | | |
| 14 | Viv Prince | 1:14:46 | | | |
| 15 | Kathryn Newberry | 1:16:01 | | | |
| 16 | Jenni Blyleven | 1:18:22 | | | |
| 17 | Josie Boland | 1:20:28 | | | |
| 18 | Geoff Henry Spark | 1:20:34 | | | |
| 19 | Martin O'Brien | 1:20:41 | | | |
| 20 | Eddie Reddish | 1:22:47 | | | |
| 21 | Stephen John | 1:26:29 | | | |
| 22 | Soan Armitage | 1:26:59 | | | |
| 23 | John Calder | 1:29:25 | | | |
| 24 | David Wall | 1:39:12 | | | |
| 25 | Joanne Stuart Grace | 1:46:32 | | | |
| 26 | Sarah Halie Helmore | 1:53:28 | | | |
| 27 | Jo Wilson | 1:58:26 | | | |
| 28 | Jayde Emma Amy Mayberry | 1:58:58 | | | |
| 29 | Julie Phillips Ange Medlock | 2:25:50 | | | |
| | Clare McLennan | mp | | | |
| | Hilary Tolty | mp | | | |
| | Jenny Calder | mp | | | |
| Medium (12) | | | 12.7 km | 0 m | 13 C |
| 1 | Jen Walker | 48:53 | | | |
| 2 | Pat Bodger | 52:17 | | | |
| 3 | Yvonne Claudia McDonald | 1:00:10 | | | |
| 4 | William MacManus | 1:04:47 | | | |
| 5 | Sophie Morton | 1:08:57 | | | |
| 6 | Lynne John | 1:09:35 | | | |
| 7 | Frances Wall | 1:11:39 | | | |
| 8 | Kaia Joergensen | 1:20:22 | | | |
| 9 | David Wood | 1:36:38 | | | |
| 10 | Rochelle Georgia Spark | 1:42:06 | | | |
| 11 | Kerry Bridget Ke Sullivan | 1:44:22 | | | |
| 12 | Family Hosking | 2:30:28 | | | |
| Short (1) | | | 8.4 km | 0 m | 14 C |
| 1 | Family McLachlan | 1:13:53 | | | |