

TOUR DE PENINSULA WAITANGI WEEKEND 2015



6 – 8 February

Day 1

- Ferrymead
- Quail Island
- Orton Bradley (night event)

Day 2

- Diamond Harbour
- Little River
- Le Bons Bay (fun event)

Day 3

- Garden of Tane, Akaroa
- Lincoln University

PROGRAMME

GENERAL INSTRUCTIONS

NO DOGS ALLOWED AT ANY OF THESE EVENTS INCLUDING PARKING AREAS.

Registration: Registration will be at the Event Centres each day from 60 mins before the first start time. **Only those requiring hire Sportident cards.**

Helping: Most PAPO members who have entered will be asked to help at one of the events. Your start time has been allocated accordingly. If you have been rostered to help, a list of helpers and tasks for the day you are down for should have been emailed to you separately. Please phone the Chief Organiser if you have any queries. If you haven't been asked to help, please call at registration/the camper or assist where there is a need.

Weather: The weather at this time of the year can be variable. It could be mild and dry, or wet and very cold. Be prepared! In the event of bad weather full body cover will be essential - competitors who are inadequately clothed may not be allowed to start.

Whistles: it is **highly recommended** that all competitors carry a whistle on all courses. The emergency signal is six short blasts.

Course closure: Please check the course closure time for each event. If you are still out at these times please abandon your course and report to the finish area. Controls WILL be collected at course closure time as our schedule is tight. Any participants taking longer than time of course closure after the last start of an event will be deemed to have not completed the course.

DNFs (Did Not Finish): Even if you decide not to complete your course, you **must** report to the finish so we know you are safe.

Food: Food/coffee will be available from local shops at many but not all the events so plan ahead. On the Friday it would be best to purchase coffee on the way to the event. On the Saturday and Sunday there are cafes near the Diamond Harbour, Little River and Akaroa event centres.

Water: Water will be provided at the finish of all events. Please bring your own supply as well.

Competition rules: The event will be run in accordance with NZOF rules.

Control descriptions: Control descriptions will be printed on the maps and also available at the start. International symbols have been used on courses 1-3, and English descriptions for the other courses. Explanations of International descriptions will be available at the event centre.

Electronic punching system

We will be using the SPORTident electronic punching system for all events.

You must use the card number you entered with, or were hired. We will not be checking this at each start. If you start an event with the wrong one, you will be disqualified, no discussion. If you realise you have a different one **before** you start, you must tell the Sport ident person at the camper, in good time.
If you lose a hired e-card there will be a charge of \$60 to cover the cost of a replacement

Hired e-cards must be returned immediately after completing your last event.

Late Starts: A competitor who has missed his/her allocated start time should report to the start officials. The competitor will be started when it is convenient for the officials. Some courses have very few spare start times, so there could be long delays for starting. Late starters' elapsed times will be calculated as if they had started at their allotted time as shown on the start list.

Start Procedure - Please follow the officials' instructions:

1. You will move through the start grid according to the start interval operating on the day
2. You will be called up 3 minutes before your start time.
3. Clear and check
4. Collect your control descriptions
5. You will start on the long beep of the start clock, immediately punch one of the start boxes BEFORE looking at your map.

Finish Procedure:

1. Punch the finish control with your SI-card
2. Maps will NOT be collected, but in the spirit of competition please do not show you map to people who have not yet started.
3. Download your e-card
4. After your last event return hired SI-cards.

Once a competitor has crossed the finish line they may not re-enter the competition terrain without the permission of the Controller.

Course Information:

The courses and grades will be the same for all events.

	<i>Course</i>	<i>Grades</i>	<i>Difficulty</i>	<i>Estimated Win Time</i>
1	Le Grand Tour	M21 Open and M20, M40	Red	12-15 minutes
2	Le Juste Milieu	W21 Open and W20, W40, M50	Red	12-15 minutes
3	Le Promenade	Open Orange, M and W16, W50, M and W60	Orange/Red	12-15 minutes
4	Le Cours Gentil	Open Yellow	Yellow	12-15 minutes
5	La Sortie des Petits	Open White	White	12-15 minutes

Results: Provisional results will be displayed on a monitor at the caravan for most events. Enquiries regarding times or DNFs should be directed to the Controller via the camper. Please do not approach the finish or results officials with anything non-essential to the overall event, and allow them to concentrate on what they need to do to ensure as many people as possible have a good time at the event.

Protests: Protests will be handled in accordance with NZOF rules. Before a protest is made you are entitled to complain to the Controller about an infringement of the rules or the organiser's directions. A complaint shall be made in writing (forms available from the camper) to the Controller as soon as possible, but within 60 minutes of the affected competitor finishing. A complaint is adjudicated by the Controller. The Controller's decision on a complaint shall be advised to the complainant, and displayed on the results board as soon as possible, but in any case within 60 minutes. If you are not satisfied, a protest may be made against the Controller's decision. Any protest shall be made in writing to the Controller within 60 minutes of the Controller's decision about a complaint being advised to the complainant and displayed on the result board and handed to the controller with a fee of \$10 which will be refunded if the protest is upheld.

Protest jury: A protest jury will be formed if and when necessary on the day.

Presentation: There will be a presentation of Les Maillots (the singlets) and certificates for first place in each grade after each event or at the next event. There will be a prize giving with presentation of certificates to Series winners and place getters after the final event on the Sunday

Enquiries, or changes to your entry: Any enquiry including possible grade or Sportident number changes, wayfarer entries are to be made through the Registration staff.

Wayfarers:

Wayfarers (members and non-members) may be able to enter on the day, at the controller's discretion.

HAZARDS

Hazards are present on or adjacent to some maps, such as roads/traffic, cliffs (Diamond Harbour and Quail Island), water, sharp vegetation and tree nettle (Onga Onga). Please read the hazards listed for each event described in this programme and **TAKE CARE.**

Les Maillots (The Singlets)

Jerseys are for men on course 1 and women on course 2.

Le Maillot Jaune: the yellow singlet is worn by the current leader of the cumulative results of the Tour.

Le Maillot Blanc: the white singlet is worn by the current young leader (M/W20 grade) of the Tour.

Le Maillot Vert: the green singlet is worn by the current leader of the "Sprint" competition.

Le Maillot a pois Rouge: the red and white spotty singlet is worn by the current leader of the "King of the Mountains" competition

Overall Competition for all individual classes and Yellow singlets for M21/W21 and White singlets for

M20/W20: The overall winner will be based on your best 5 out of 6 races plus the last race. The last race will have a chasing start. Note that the relay at Le Bons Bay does NOT count for points.

Sprint Competition Points: Will be awarded in each of 7 races based on placing's for:

- The combined time for the sprint and finish legs. The start of the sprint leg will be marked in the terrain and on the control descriptions.
- The time taken from the start to the end of the first sprint leg.

Hill Climb Competition Points: Will be awarded in each of 7 races based on placings for the "hill climb" leg(s). The start of this leg will be marked in the terrain and on a notice at the start.

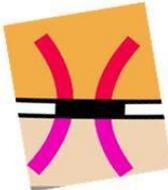
NB: The course must be successfully completed to be eligible for Sprint and Hill Climb points.

Driving Times (approximate only)

- Airport to Ferrymead - 40 mins
- Ferrymead to Lyttelton - 10 mins (allow additional time for parking and walking to the wharf)
- Lyttelton to Orton Bradley - 30 mins
- Orton Bradley to Diamond Harbour - 10 mins
- Diamond Harbour to Little River - 40 mins (via Gebbies Pass) or 90 mins (via Purau and Western Valley Rd)
- Little River to Le Bons Bay - 50 mins
- Le Bons Bay to Akaroa - 35 mins
- Akaroa to Lincoln University - 1 hr 5 mins
- Lincoln University to Christchurch Airport - 20 mins

Day 1 – Friday 6th February

Ferrymead

Mapped by:	Chris Forne and Matt Scott
Location	Ferrymead Historic Park, Ferrymead, Christchurch.
Planner:	Carsten Joergensen
Controller:	Jenni Adams
Landowners:	Ferrymead Park
Terrain:	Urban historic park with lots of buildings, railway tracks etc.; flat. Map extended to include an area of rough open and scattered vegetation; not completely flat (elevation change of approximately 15m).
Directions:	From city follow Ferry Road east; turn right into Bridle Path Rd immediately after the Heathcote River bridge (there are road works here); after 800m turn right onto Ferrymead Park Drive and almost immediately turn right into parking area. GPS coordinates: -43.564763, 172.707207. Allow 40 mins drive from airport.
Parking:	In asphalt car park.
Event Centre:	At car park
Registration:	At Event Centre
Starts:	10am to 11am
Start:	Adjacent to parking area. There will be a bag transfer service from the start to the finish.
Finish:	Within Ferrymead Historic Park. It is not permitted to visit the finish area before running. Hire SI Cards will be available at the start area.
Toilets:	Port-a-loos
Hazards:	All courses will cross a small road and tram tracks. There will be trams operating, so take care when crossing the road and tracks. There may also be vehicles within the park, so please be aware. The road crossing point for white and yellow courses will be supervised.
Out of bounds:	<p>Marked with olive green and pink stripes and must be respected. Normal sprint map conventions apply for un-crossable features such as walls, fences and waterways and mean that these features are FORBIDDEN to cross. The area contains many train and tram lines. The following mapping convention is used:</p> <div style="display: flex; flex-direction: column; align-items: flex-start;"> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> <p>Train/tram track FORBIDDEN to cross except at marked crossing points</p> </div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;">  <div style="margin-left: 10px;"> <p>Train/tram track Crossing allowed</p> </div> </div> <div style="display: flex; align-items: center;">  <div style="margin-left: 10px;"> <p>Train/tram track Allowed crossing point of "Forbidden to cross" track</p> </div> </div> </div> <p>IMPORTANT: Any person seen crossing a forbidden train/tram line will be disqualified.</p>
Mapping Notes:	Map is to ISOM 2000 standard. The building symbol has been used for train carriages and large shipping containers.
Map Scale	1:4000
Course closure:	12 noon

Day 1 – Friday 6th February

Quail Island

Ferry Sailings: You will have been allocated a ferry sailing (**Early** or **Late**) in the start lists. There is limited space on each sailing so please ensure you are on the right sailing. The sailing times are:

Early: Departs Lyttelton 1:30 pm. Departs Quail Island 4:30 pm

Late: Departs Lyttelton 2:10 pm. Departs Quail Island 5:20 pm

To find the ferry terminal, walk to the corner of Oxford St and Norwich Quay, and then follow the signs.

All participants must take their own water to Quail Island. Water will NOT be provided.

Mapped by:	Nick Hann, January 2015
Location	Quail Island, Lyttelton Harbour
Planner:	Nick Hann
Controller:	Chris Forne
Landowners:	Public conservation land administered by Department of Conservation.
Terrain:	<p>Quail Island rises steeply from the sea on all sides to a height of 86m. Generally the upper slopes are much gentler with broad contours, but down around the coastline the lower slopes are dissected by a number of small gullies and old slip-faces. The northern slopes feature some very large cliffs. Please do not attempt to cross these cliffs as they are extremely dangerous.</p> <p>The eastern end of Quail Island includes forest of variable runnability. Stands of large, old trees (mostly pine) provide fast running and increased visibility (greater than 100m). On the exposed slopes runnability has been reduced from windfall. The fallen trees have been individually mapped to represent their size and position, where they reduce runnability. The sections of fallen trees that do not impact on running speed (such as a low trunk resting on the ground) have not been represented on the map. However it is generally the areas that reduce runnability that are the most distinctive in the terrain (for example a large tangle of branches).</p> <p>Some slopes contain areas of young native plantings with much slower running. Unused, narrow tracks through these areas are often very difficult to see on the ground, but have better runnability than the surrounding forest and are therefore represented on the map with a thin strip of paler vegetation. These old tracks can provide faster travel through the forest but can be very difficult to see when crossing them. The native forest has reduced visibility (less than 15m at best) and minimal distinctive linear features through it, but is dotted with small clearings where the plantings have failed to grow.</p> <p>Dissecting the areas of forest are expanses of un-grazed pasture with long grass (between 0.5 and 1.5m tall) which can be slow to cross but are likely to track extremely easily. The courses have been planned to minimise the use of these areas.</p> <p>A number of large tracks pass across the island connecting the buildings. In the open areas they are generally a narrow (approximately 1 m wide) strip of mown grass, but equally as quick as the gravelled/dirt tracks in the forest.</p>
Directions:	Drive to Lyttelton (10-15 minutes from Ferrymead) and find a park within walking distance of the ferry terminal which is located at the southern end of Oxford Street (remember to observe the time limits on the parking signs!). To reach the ferry terminal, cross the railway line on the Oxford Street overpass and then turn left following the red and black signs pointing towards the ferry for Quail Island and Diamond Harbour. There are two ferry sailings depending on your start time, and everyone has been assigned to a specific sailing. Please ensure that you catch the correct ferry (1:30 or 2:10pm departure), as there is not enough capacity for

	<p>everyone to sail at once, and it is a long swim! This also applies to the return sailing back to Lyttelton (4:30 or 5:20pm departure).</p> <p>Once you arrive, you will disembark the ferry at the jetty at the eastern end of the island. From here, there is a large track climbing gently to the south-west through the trees. This is the way to the Event Arena. After 170 m, the track comes to a junction where there is an option to climb or descend. Please turn left (downhill) and continue along the track. The track drops almost to sea level and rounds a headland with a rickety old wharf. From here, the Event Arena is in sight in the bay (The long, white building with a pale, grey roof). Follow the track around the water's edge to the Event Arena. All of the terrain above the track from the ferry to the Event Arena is Out of Bounds.</p>
Parking:	On the streets of Lyttelton, within walking distance of the ferry terminal.
Event Centre:	On the beach and the mown grassy area surrounding the old barracks.
Registration:	At Event Centre
Starts:	From 2:30pm
Start:	From the Event Arena, travel back along the beach (east) to the edge of the bay, where straight in front of you there is a large open spur. At the top of this spur, where the ground levels off, there is a line of old trees and just past them the old lighthouse keeper's cottage with a red roof. The pre-start is here. Please follow this route to the start, and the entire open spur can be used as a warm up area. Please do not enter any forested areas.
Finish:	At Event Centre
Toilets:	At eastern end of the barracks.
Hazards:	All of the usual hazards of running in a forest apply, but there are a few important warnings specific to Quail Island. There are extremely large cliffs on some sides of the island, please do not make any attempt to cross them. There are a couple of small areas with rubbish from farming operations, please stay well clear of these. In some areas there is stinging nettle (onga onga). Quail Island also has extreme fire danger, so all open fires are banned.
Out of bounds:	<p>Pre-race: All of the terrain above the track to the Event Arena and above the mown grass of the Event Arena, except for the warm-up area below the start.</p> <p>Between 2:30 and 4:30pm (First start and course closure) while you are not running: Once the first runner has started, the track from the jetty where you disembarked the ferry is Out of Bounds (for spectators and runners yet to run or who have already run) due to the close proximity of controls to this track. Please remain in the Event Arena or the warm-up area below the start.</p> <p>While running: Between starting and finishing, the only areas Out of Bounds are those marked as such on the competition map.</p>
Mapping Notes:	<p>The map has been mapped to ISSOM 2007 in January 2015. There are a few special symbols specific to this race defined below:</p> <p><i>Symbol 118 (Brown X)</i> – Rootstock greater than 1m in height on all sides <i>Symbol 314 (Blue X)</i> – Water sculpture <i>Symbol 539 (Black O)</i> – Water tank <i>Symbol 540 (Black X)</i> – Artificial object (generally abandoned farming equipment)</p>
Map Scale	1:5000 with 2.5m contour interval
Safety Bearing	South to coastline, then follow coast west to Event Centre.
Course closure:	4:30pm

Day 1 – Friday 6th February

Orton Bradley

(Night event)

Orton Bradley is run by a charitable trust. There is an entry fee for those NOT camping. This is \$5 per adult, \$1 per child with a max of \$10 per car. There is an honesty box as you enter the park where you can pay this fee. For those camping the entry fee was included in your camping fee.

Camping – please follow the signs and camp where directed (it will be near the end of the road on the left). The park manager has decided to segregate the orienteers from the other campers.

For those not camping please park clear of the camping area so as to minimise traffic movement around tents..

Mapped by:	Nick Smith
Location	Orton Bradley
Planner:	Sophie Harrison and Ed Cory-Wright
Controller:	Georgia Whitla
Landowners:	Private farm run by a charitable trust
Terrain:	Pockets of parkland interspersed with wooded areas and farmland with small areas of kanuka forest. There are large boulders scattered across the map. Vegetation run ability varies from very fast to slow due to undergrowth such as long grass covering rough uneven land.
Directions:	From the Lyttlelton ferry terminal turn left onto the main street and drive out past the tunnel follow signs to Governors bay and then from there to diamond Harbour around six kilometres from Diamond Harbour you will see the Orton Bradley park sign posted turn right down the drive and keep driving till you see the parking. The turn off for Orton Bradley will be sign posted also by orienteering signs
Parking:	Within the park. If not camping please park clear of the camping area.
Event Centre:	Location across the river back down the valley from the parking by the children's playground
Registration:	At Event Centre
Starts:	For courses 4 and 5 (white and yellow) there will be a punching start at 8pm and for courses 1,2,3 starts will be from 9pm
Finish:	At Event Centre
Toilets:	Signposted
Hazards:	The terrain is very rough in places so be careful when running, especially since this is a night event. There is lots of Onga Onga (stinging nettle) out on course so look before you run through undergrowth. Be aware when crossing areas around tents, look for guy ropes as these are a tripping hazard especially at night.
Out of bounds:	Stay in the open area around parking and the event centre until you run. There is an area of felled logs that is marked as out of bounds on the map.
Mapping Notes:	Picnic tables have not been mapped
Map Scale	1:5000, contour interval 2.5m
Safety Bearing	Head down into the valley and to the north
Course closure:	10:30pm

Day 2 – Saturday 7th February

Diamond Harbour

Mapped by:	Chris Forne and Matt Scott
Planner:	Chris Forne
Controller:	Matt Scott
Terrain:	A mixture of parkland, forest and coastal terrain. Some steep areas with numerous cliffs and rocks
Directions:	Stoddart Point Recreational Reserve, Diamond Harbour (Lat Lon -43.626449, 172.740222) From Lyttelton head around the Harbour to Diamond Harbour. Once in Diamond harbour continue along the main road (Marine Drive), then turn left into Waipapa Ave (Sign posted towards Beach/Wharf and Post Office). Continue down the hill for about 200m before turning right just before the Cafe into the parking area. If parking area is full then park on street.
Parking:	In parking area or nearby street
Event Centre:	located in playing fields directly beside parking
Registration:	At Event Centre
Starts:	From 9.30am
Start:	Signposted from Event Centre. 2 min walk
Finish:	At Event Centre
Toilets:	Port-a-loos + public toilet
Hazards:	Cliffs, fallen trees and rocky ground. Take extra caution around the coastal areas.
Out of bounds:	Please respect all out of bounds areas as marked (olive green) on the map
Mapping Notes:	There are a number of fallen trees around the headland. In some cases these have created up a pile of dirt which have been mapped as knoll features. In other situations if the stump or pulled up roots are prominent they have been mapped using the special vegetation symbol (green X)
Map Scale	1:4000, Contour intervals at 2m
Safety Bearing	Up Hill to Domain
Course closure:	11:30 am

Day 2 – Saturday 7th February

Little River

Start times for Little River will be based on results to that point in competition. These will be available at the event. There will be 2 competitors starting at once on each course in a head to head race.

Mapped by:	Chris Forne and Eskil Schøning
Location	Little River
Planner:	Carsten Jørgensen and Chris Forne
Controller:	Jenni Adams
Terrain:	Park, school and shopping area and some rough open areas.
Directions:	On entering Little River continue along state highway 73 PAST the Little River Domain to Church Rd (1.6km past the Little River cafe). Turn left into Church Rd and drive 800m to the junction of Church Rd and Western Valley Rd. Turn left onto Western Valley Rd and travel back towards the domain. Parking is on Western Valley Rd. The event centre is in the Little River Domain which is 900m south of the junction of Church Rd and Western Valley Rd. Please do not drive directly into Western Valley Rd from State Highway 73 as this junction is crossed by the courses and we want to minimise traffic here.
Parking:	Parking along Western Valley Road.
Event Centre:	Little River Domain GPS coordintes: -43.764116, 172.794728
Registration:	At Event Centre
Starts:	From 2:00pm
Toilets:	Port-a-loos + public toilets
Hazards:	Traffic when crossing the road and around the shop and café area
Out of bounds:	Please respect all out of bounds areas as marked (olive green) on the map
Map Scale	1:4000
Safety Bearing	Meet at the café ☺
Course closure:	4:00 pm

Day 2 – Saturday 7th February

Le Bons Bay

(Fun relay event)

You will have been allocated to a relay team. Check the start lists to see who you are with and get to know them before the event. We don't care what order you run in, so you can argue about that between yourselves. Just make sure you use the correct SI card!

Mapped by:	Chris Forne
Location	Le Bons Bay Domain
Planner:	Chris Forne
Controller:	Chris Forne
Terrain:	A mixture of open and forested coastal sandunes, parkland, scattered manuka and poplar forest. A prominent river/lagoon crosses the map on one side which will be crossed by courses 1-3.
Directions:	Le Bons Bay Domain, Le Bons Bay (Lat Lon -43.742949, 173.094542) From Little River head toward Akaroa until you reach Hill Top, then turn left onto Summit Road. Continue along until you get to the turn off to Le Bons Bay (Le Bons Bay Rd) Head down into Le Bons Bay and continue to the end of the road which will lead you into the domain.
Parking:	In the domain
Event Centre:	In the domain
Registration:	At Event Centre
Starts:	Mass start at 6:00pm for all course 1,2 and 3 first leg runners, 6:10 and 6:20 for white and yellow courses
Toilets:	Public toilets on domain and in hall
Hazards:	River, sea and fences
Out of bounds:	Please respect all out of bounds areas as marked (olive green) on the map
Mapping Notes:	The river/lagoon has been mapped at high tide which will be at around 8:00pm. Light blue crossable (around 1m deep), Dark blue uncrossable
Map Scale	1:4000, 2m contours
Safety Bearing	North toward beach or just follow your nose to the BBQ meal.
Course closure:	8:30 pm

Day 2 – Saturday 7th February

Le Bons Bay

Optional (pre-booked) BBQ meal from 7:00pm and Camping

BBQ: Please bring ANYTHING you would like to drink (and what you want to drink it out of) to the BBQ. Clean water supplies at Le Bons Bay are VERY limited, and our fundraising caterers will not be providing any drinks of any kind.

They will however be providing plates, cutlery etc for the scrumptious food.

Those of you who requested a vegetarian option will need to make yourself known to the serving staff. All others, please hold off eating the vegetarian food until we know those who really don't eat meat have had enough.

Camping

Camping is on a farm 1 km back from the beach. The meal and event will be at the domain. Richard English will be acting as camp commandant. Please follow his directions on arrival. There are over 100 people camping so please be considerate and do not block off access to areas when parking/setting up your tent. There will be some port-a-loos. There are public toilets located at the domain. Water will be available but should be treated/boiled before drinking. There are no cooking facilities. No solid fuel BBQ's or fires. Please take care if using gas cookers.



Day 3 – Sunday 8th February

Gardens of Tane

Re-mapped by:	Linley Earnshaw, January 2015
Location	Akaroa
Planner:	Linley Earnshaw
Controller:	Tane Cambridge
Landowners:	Public reserve administered by Christchurch City Council; Gardens of Tane Guardians.
Terrain:	You will be walking/ running through a historic village perched on the water's edge, deep within an old volcanic cone. The courses navigate spurs and gullies through native and non-native bush with Courses 1&2 having some urban fun too! Shoes with grip are advised as the terrain can be slippery. Courses 1&2 will be running on pavement and have a compulsory road crossing at control #9.
Directions:	Follow State Highway 75 to Akaroa: allow 1¾ hours driving time from Christchurch. Travel through Akaroa township, past the beach and fire station, and turn left (east) onto Rue Jolie.
Parking:	Parking is on the roadside in Rue Jolie, Church Street or Selwyn Ave: watch out for runners who may already be running. Please do not park south of the Event centre on Rue Jolie (uphill).
Event Centre:	Akaroa Area School, 141 Rue Jolie. We are using the playing field. Please stay out of areas marked out-of-bounds. The playground is out of bounds until after your run!
Registration:	At Event Centre
Starts:	From 9:30am
Start:	<p>Courses 1-2 have a 15 min walk with a steep uphill bit. No toilet at the start. Follow the main road (Rue Jolie) north to the waterfront, then past the fire station and up the track in the northern corner (taped). Follow the tapes through the park, across the road and into the upper park.</p> <p>Courses 3-4-5 have a 5 min walk up Rue Jolie to the south. No toilet at the start. This route is part of Courses 1&2 so is out of bounds to them until after they have run. Stay on the eastern side of the road until you reach the compulsory road crossing point. Please cross there, taking the usual care with traffic. Give way to Course 1&2 runners who have to punch and cross there as well. When you get to the start, space is limited. Please stay in the taped area to the left on the path and grass to allow runners to pass at speed on the right.</p>
Finish:	The finish is not at the Event Centre. There is a 5 min walk back to download. Young runners can follow the taped route back to Rue Jolie and can then cross at the crossing point. You may meet runners still on their courses, please give way.
Toilets:	At the Event Centre
Hazards:	<p>Other competitors! Keep an eye out for others running especially throughout the Gardens of Tane. Where possible punch controls as quickly as possible and move to the side to allow others to punch or pass if you are stopping to look at the map.</p> <p>Traffic: please take extra care and look both ways before crossing. All of the roads are open throughout the race and all crossing points are uncontrolled. Where possible please cross the road at right angles, i.e. no J-walking.</p> <p>If wet, the paths will be slippery: shoes with grip are advised i.e. Invo8, X-talon.</p> <p>Courses 1&2 may encounter onga onga (stinging nettle) but can easily avoid it.</p> <p>Dogs, pedestrians and steep earth banks off-track.</p>
Out of bounds:	You are ALL running in the 'Garden of Tane'. The 'Guardians' have asked us not to run off-track so please respect this as we would love to use this map in the future. When you enter the Garden (Course 3&4&5 are totally in it) you will see most of it is mapped as out of bounds (olive green). There is plenty of route choice to entertain you, so

	<p>please DON'T take shortcuts even if you see your arch rival ahead and please tell everyone in your group to do the same. You will be disqualified by Tane (today's Controller/God of the forest) if you are seen crossing ANY areas marked as out of bounds.</p> <p>Mid way through both course 1 and 2 is a main road which you will run along to get between two areas of the map. This road is out of bounds and has been clearly marked on the map as such so please run on the footpath. There is a road crossing, midway down this road marked with a control (which you must punch) please look both ways before crossing, as the road is open and cars will not stop for you. Anyone seen running on the road between these controls in the out of bounds areas will be disqualified.</p>
Mapping Notes:	Trees are mapped only if they are distinctively separate from others and of significant size OR they are labelled e.g. Holy Oak or Yellow Cypress.
Map Scale	<p>Courses 1&2 1:5000</p> <p>Courses 3&4&5 1:2500</p> <p>Contours – 2 metre intervals</p>
Safety Bearing	Downhill to the sea, north to the shops, then east to Rue Jolie.
Course closure:	Course closure: one hour after the last starter (N.B. It is about 1¼ hrs drive to Lincoln University for the next race).

Day 3 – Sunday 8th February

Lincoln University

Mapped by:	Linley Earnshaw, with 2015 updates by Nick Hann
Location	Lincoln University
Planner:	Georgia Whitla
Controller:	Greig Hamilton
Terrain:	Flat educational institution
Directions:	From Akaroa - take SH75 back towards Christchurch, in Tai Tapu turn left on the Lincoln-Tai Tapu road (sign posted to Lincoln). Follow this through the Lincoln township. Turn left onto Springs Road just before the University. After 500m turn right into the University. Do not enter the grounds from any other gate.
Parking:	As directed from the entrance off Springs Road
Event Centre:	Follow signposts/tapes from carpark. Once you have left your car for the event centre you will not be allowed back to your car. The event centre will have shelter (inside a building)
Registration:	At Event Centre
Starts:	From 1:30pm
Start:	Close to event centre
Finish:	At Event Centre
Toilets:	At the Event Centre only
Hazards:	Things are typically quiet on the campus on a Sunday but there may be some traffic on the roads. They will not be expecting you so be aware and give way to traffic in carparks and on roads
Out of bounds:	Please respect all out of bounds areas as marked on the map
Map Scale	1:4000
Course closure:	1 hour after last start
Prize Giving	Around 2:30pm

Start Times

Please address inquiries about start times to entries@papo.org.nz